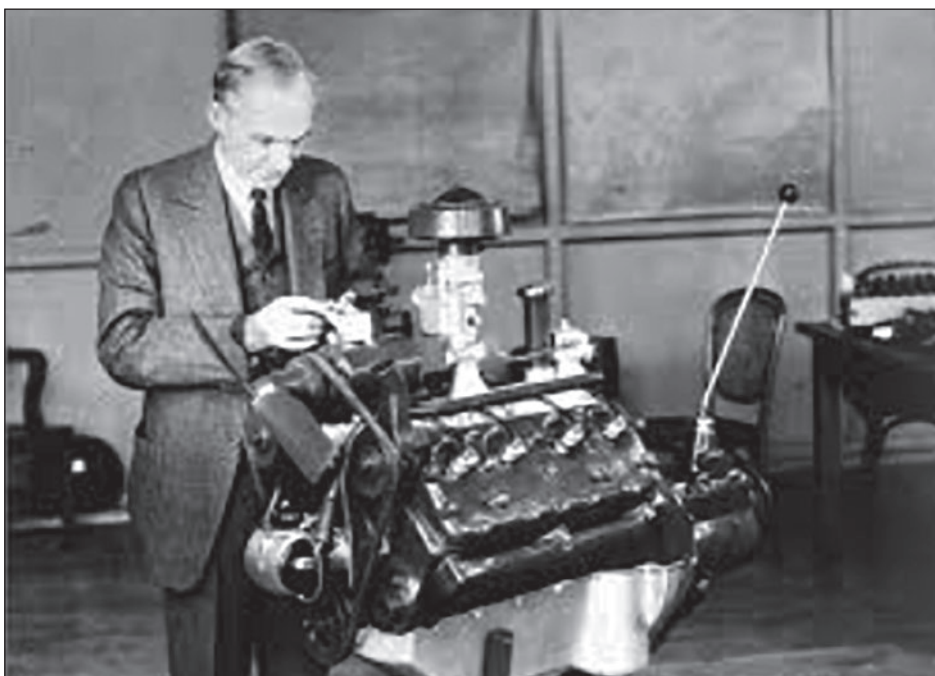




## Estates To Commemorate Ford's Birthday

To honor Henry Ford, the automobile icon, the Edison and Ford Winter Estates will celebrate his 156th birthday on Tuesday, July 30. The day will start off with a free presentation about Ford at 11:30 a.m. on the museum porch (regular admission prices apply to tours of the homes, museum and lab). Cookies and lemonade will be served.

Both guided and self-guided tours are available and visitors can learn about the inventions of both Ford and Thomas Edison and how the two men became acquainted. During tours, site historians explain that Ford worked for Edison, they became research partners and eventually good friends. Many other details are described, including how the two inventors first met at a convention in New York in 1896. At that meeting, Ford described his first automobile, the quadricycle, and Edison encouraged him to continue with his experiments. That encouragement catapulted Ford's



Henry Ford inspects his V-8 engine prototype

photo provided

career and changed the direction of the automobile industry.

Ford introduced the Model A in 1903 and the Model T, one of the best-selling cars of all time, in 1908. Several antique

Ford vehicles are on site, including a 1923 Model T, 1929 Model A, 1917 Model TT and 1916 Model T, which was Edison's personal car and a gift from Ford. Automotive tours with a

demonstration of how to start an antique car are offered at 10:30 a.m. on Monday mornings.

Ford first visited Edison in Fort Myers in 1914. Two years later, he and his wife, Clara, purchased the Craftsman-style bungalow for \$20,000. The home was nicknamed "The Mangoes" for the many mango trees on the property. Ford and Edison were among the first snowbirds and spent many winters together along the Caloosahatchee. Their adjacent retreats provided a place for the friends to relax, discuss business and innovation, entertain friends and, of course, square dance – one of Ford's favorite pastimes.

The City of Fort Myers purchased the Ford estate in 1988 and opened it to the public in 1990. The not-for-profit organization, Edison & Ford Winter Estates, Inc., was formed in 2006. Today, visitors can tour the 15,000-square-foot inventions museum, the National Historic Chemical Landmark research laboratory and the winter homes of both Edison and Ford – all on more than 20 acres of botanical gardens.

The site is open daily from 9 a.m. to 5:30 p.m. For tour times and admission rates, visit [www.edisonford.org](http://www.edisonford.org). ❖



A holiday-inspired drink will be offered

photos provided

## Christmas In July Coming To Gardner's Park

Several businesses in the Gardner's Park area are joining forces for a special event to be held on Saturday, July 20 from 10 a.m. to 3 p.m. Most of the businesses involved are located in or near the Butterfly Estates in Fort Myers,



There will be discounts on merchandise

located at 1815 Fowler Street.

DAAS Co-op Art Gallery & Gifts, one of the participating venues, created the event as a way to collaborate with other neighboring businesses. For Christmas in July, the gallery will have an array of items on sale, including original art, candles, jewelry, pottery, greeting cards, apparel and fine crafts. Refreshments will be served.

Remedies Parlor, located on Thompson Street, will offer discounts on select merchandise within an inventory that

continued on page 6

## Celebrate World Snake Day



World Snake Day kicks off with a free guided tour of Indigo Trail, named for one of Florida's rarest snakes

photo provided

Take a free guided nature walk, watch a free film and take advantage of free upcycled snake crafts, Nature Store specials and handouts on World Snake Day at JN "Ding" Darling National Wildlife Refuge on Sanibel on Tuesday, July 16.

Free snake lessons and a showing of

the 53-minute film *Invasion of the Giant Pythons* take place throughout the day at the refuge Visitor & Education Center. The morning's ranger-led Indigo Trail walk departs from the flagpole in the parking lot. The first 20 people to show up for the walk receive a free gift and

continued on page 7



Historic Downtown Fort Myers, Then And Now:

# Save The Exhibition Hall!



by Gerri Reaves, PhD

Thirteen years ago on a Saturday morning, about 50 people gathered on the downtown riverfront to speak up for two precious downtown assets: the Exhibition Hall and access to public land and the river.

The rally, organized by the Lee Trust for Historic Preservation, voiced opposition to a plan that the City of Fort Myers would soon vote on – whether to allow WCI’s downtown riverfront redevelopment plan for more than five acres proceed. The project included the demolition of the Exhibition Hall.

The Fort Myers City Council had chosen the WCI plan from three it had considered. It was the only one that recommended demolishing the hall rather than repurposing it.

When interviewed, Bill Grace, then president of the Lee Trust, noted the hall’s “association with people of local and national importance.” Indeed, over its half-century history, the hall had been a major venue for celebrities and community events.

People who had grown up in mid-20th century Fort Myers couldn’t imagine the riverfront without it.

Grace also worried about the city giving public land to a private developer. Elvis, Gerald Ford, Danny Thomas, Red Skelton, Milton Berle, the Four Seasons and even the controversial segregationist George Wallace were among the many who had appeared there.

It had been the scene of Edison Pageant of Light events, touring Broadway shows such as Shenandoah, as well as countless flower shows, celebrations, family reunions and dances.

When it had been constructed in 1954 in a wave of post-World War II city improvements, it was touted as not only a place for local events but as an enticement for convention business.

The 186- by 90-foot structure was located between the band shell and the seawall at the foot of Hendry Street. It featured a wooden bent-frame structural system and a vertical-grooved rectangular tower.

It had immense main floor space, in addition to a large stage, a covered terrace and plenty of miscellaneous-facility space. Windows on the river side allowed river breezes to float through.

However, the hall had been closed in 2001 because of its run-down condition. Hurricane Charley in 2004 only exacerbated the deterioration.

As the rally to save the hall took place on May 6, the once beautiful structure nearby was showing substantial wear. Blue tarpaulins on the roof indicated serious leaks, and some of the windows and letters in the building’s name were missing.

The important public building had sunk from proud to pathetic. Its condition prompted more than one utterance of the damning phrase, “the city’s demolition by neglect.”



The Exhibition Hall, shown here in 1954, was designed by architect D. Bradford Scoville. For nearly five decades, it was synonymous with community life and entertainment.

photo courtesy Florida State Archives



In 2004, the hall had deteriorated and been closed for three years

photos by Gerri Reaves



Today the site is part of the Riverfront Basin Project. In the distance are the Luminary Hotel under construction (left), Harborside Convention Center (center), and High Point Place condominium towers (right).

But it wasn’t just sentiment that drove the activists to the riverfront. They were also historic preservationists and had done their homework.

The previous year, Lee Trust had commissioned a professional engineering assessment in 2005, which deemed the hall physically sound and several times cited “deferred maintenance” as a factor in its deterioration.

Even the city’s own 2003 assessment by a commissioned historic preservation architect concluded that the Exhibition Hall was historically and architecturally significant

continued on page 8

Independently Owned And Operated  
COPYRIGHT 2019 The River Weekly News  
LORKEN Publications, Inc.



Read Us Online: [www.IslandSunNews.com](http://www.IslandSunNews.com)



**Publisher**  
Lorin Arundel  
**Accounting**  
Mike Terry  
**Advertising**  
Bob Petcher

**Graphic Arts/ Production**  
Ann Ziehl, Manager  
Amanda Hartman  
Justin Wilder

**Reporters**  
Gerri Reaves, PhD  
Jeff Lysiak

**Contributing Writers**  
Jennifer Basey  
Barbara Cacchione  
Kay Casperson  
Suzy Cohen  
Linda Coin  
Marcia Feeney  
Shelley Greggs  
Tom Hall  
Marion Hauser, MS, RD  
Ross Hauser, MD  
Craig R. Hersch  
Capt. Matt Mitchell  
Trinette Nelson  
Howard Prager  
J. Brendan Ryan, CLU,  
ChFC, MSFS  
Di Saggau  
Jeanie Tinch

The River Weekly News will correct factual errors or matters of emphasis and interpretation that appear in news stories. Readers with news, tips, comments or questions, call 239-395-1213 or write to: The River Weekly News, 1640 Periwinkle Way, Suite 2, Sanibel FL 33957. FAX number: 239-395-2299. Email: [press@islandsunnews.com](mailto:press@islandsunnews.com). Email: [ads@islandsunnews.com](mailto:ads@islandsunnews.com). The River Weekly News reserves the right to refuse, alter or edit any editorial or advertisement.





Jeff Sullivan and Conor McGiffin in *Finding Neverland* photos by Jeremy Daniel

# Broadway Palm's 27th Season Performances

Tickets to Broadway Palm's 27th season are officially on sale. The 2019-20 season includes eight main stage productions, five productions in The Off Broadway Palm, four Children's Theatre productions and five concerts.

Broadway Palm's main stage opens on August 22 and runs through August 8, 2020. Show prices range from \$48 to \$80 with group and children's prices available. Performances are Tuesday through Sunday evenings (no Tuesday evening performances May through October) with selected matinees.

The main stage productions include: *Once* (August 22 to September 28) – From the very first note, *Once* pulls you in and doesn't let you go. Featuring magical songs from the critically acclaimed film, including the Oscar-winning *Falling Slowly*, this uplifting show strikes an unforgettable chord. Set in Dublin, an Irish musician ready to give up on his career is drawn to a Czech immigrant that helps encourage him to keep writing and performing. Through their shared love of music, an unexpected friendship and collaboration quickly evolves into a powerful, but complicated, love story. *Once* won eight Tony Awards



Sam Cieri and Mackenzie Lesser-Roy from the *ONCE* tour company and the 2013 Grammy Award for Best Musical Theater Album. *Finding Neverland* (October 3 to November 16) – Based on the Academy Award-winning film of the same name, *Finding Neverland* tells the incredible true story behind the creation of one of the world's most beloved characters: Peter Pan. Playwright JM Barrie struggles to find inspiration for his next work until he meets a beautiful widowed mother and her four young sons. Spellbound



A scene from *Swing*

by the boys' enchanting make-believe adventures, he sets out to write a play that will astound London theatergoers. With a lot of faith and a little bit of pixie dust, Barrie shares his journey to Neverland, where nothing is impossible and the wonder of youth lasts forever. *Sounds Of Christmas* (November 21 to December 25) *Sounds of Christmas* is perfect for everyone and will remind you why this is the most joyous time of the year. Bring your family and friends as we celebrate the season with festive production numbers, beautiful dancing and dazzling costumes. You'll hear over 30 holiday

songs you know and love including *Deck the Halls*, *We Wish You A Merry Christmas*, *Silent Night*, *Jingle Bells*, *Rockin' Around The Christmas Tree* and more. And this holiday extravaganza wouldn't be complete without a visit from the big guy himself... Santa Claus. *Grumpy Old Men* (December 29 to February 8) – Based in Minnesota, the musical adaptation of the popular 1993 Warner Bros. film tells the laugh-out-loud story of family, friendship, love and romance. *Grumpy Old Men* centers around neighbors, Max and John, two grumpy retirees whose verbal, and continued on page 14

## Summertime and the livin' is All About Home

SW Florida, Fort Myers Beach, Sanibel & Captiva Islands is All About Home

### Summerlin Place

Listed at \$249,500



### Captiva Villas

Listed at \$312,000



**REAL ESTATE SPECIALIST**  
SW Florida, Fort Myers Beach, Sanibel & Captiva Islands is All About Home  
**Cathie Lewis, Realtor**  
Phone: 239-745-7367  
Cathie@AllAboutHome.Life  
Pfeifer Realty Group



### Fort Myers Beach

Reduced to \$498,000



### Pinewood Condominium

Sold



## REMODEL · NEW CONSTRUCTION CONDO RENOVATION

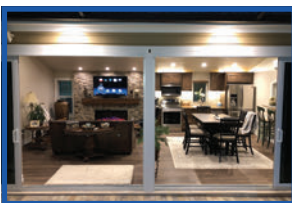
239-728-2143 www.MYLHS.com

Built over 1,000 homes since 1980

State Certified  
CGC024853



LUXURY HOME SOLUTIONS  
Luxury Home Building | Design & Remodeling



Plan A Party

Remodel Your Kitchen



Update Your Bathroom

Add A New Guest Suite





New officers from left, Trevor Zucchini, Ivan Caffroni, Yeuris Vicioso, Kellie Davis, Terrell Brown and Anthony Dewar photo provided

## Six New Officers Join Police Force

At a recent ceremony held in the Fort Myers City Hall Council Chambers, Chief Derrick Diggs oversaw the swearing-in ceremonies for six new officers of the Fort Myers Police Department (FMPD). Joining the ranks of the department are Officers Terrell Brown, Anthony Dewar, Kellie Davis, Yeuris Vicioso, Trevor Zucchini and Ivan

Caffroni. The officers bring to their new positions a wide variety of professional experience with backgrounds that include military, law enforcement, corrections and professional security personnel. All six recently graduated from the Southwest Florida Public Service Academy, many of them with distinguished honors.

The event was attended by officers and command staff of the FMPD, City of Fort Myers Manager Saeed Kazemi and City Officials as well as family members and friends of the new recruits.\*

## Debut Of Documentary At Water Summit

The threat is real, and the message is vital. Calusa Waterkeeper will continue its series of forums about the negative public health effects of harmful algal blooms with Public Health Alert – Florida Water Summit 2 at the Broadway Palm Dinner Theatre on Monday, August 5 from 5:30 to 9 p.m.

The latest event, a follow up to the town hall held on June 24, features the world premiere of *Troubled Waters*, an original documentary produced by Calusa Waterkeeper, and an all-star panel of world-renowned scientists and medical professionals.

The film takes a hyperlocal look at the public health risks associated with harmful algal blooms found in South Florida waterways. It includes interviews with physicians and patients suffering from conditions tied to harmful algal blooms, as well as prominent scientists who present cutting-edge research demonstrating the link between algae exposure and health problems. The documentary aims to educate the general public and the health care industry on the health risks associated with acute and chronic exposure.

"*Troubled Waters* makes it clear that harmful algal blooms are a public health issue that require action on the local, state and federal levels," Calusa Waterkeeper Executive Director KC Schulberg said. "This is a can't-miss event for the public at large and for members of the medical community concerned about what's in our water here in Southwest Florida."

Many of the scientists interviewed in the film will appear at the August 5 summit as part of a panel discussion

following the screening. Among the panelists are Dr. Walter Bradley, chair emeritus of the University of Miami neurology department; Dr. Larry Brand, a marine biology and ecology professor at the university; Dr. David Davis, a neurology professor at the university; Dr. Malcolm McFarland and epidemiologist Adam Schaefer of the Florida Atlantic University Harbor Branch Oceanographic Institute; emergency room teaching professor Dr. Arthur Diskin; otolaryngologist and surgeon Dr. Robert Zarranz; Waterkeeper Ranger Holley Rauhen, a registered nurse; and more.

"This documentary and panel session combined will present some of the latest local research on the threats harmful algal blooms present," Calusa Waterkeeper John Cassani said. "This event will communicate important information for healthcare providers and the public thanks to the breaking research captured in our documentary."

A buffet dinner is included in the \$20 ticket price, with proceeds going toward the nonprofit Calusa Waterkeeper's scientific research and educational outreach efforts. Tickets are available at [www.bit.ly/2KIDkUT](http://www.bit.ly/2KIDkUT). A discount is available for Calusa Waterkeeper members.

Sponsors include Lee Health, the Southwest Florida Community Foundation, Broadway Palm Dinner Theatre and CONRIC PR & Marketing. Additional sponsorship opportunities are available. Email Schulberg at [kc@calusawaterkeeper.org](mailto:kc@calusawaterkeeper.org) to find out how to get involved.

Broadway Palm Dinner Theatre is located at 1380 Colonial Boulevard in Fort Myers. For the latest on Southwest Florida's water, visit [calusawaterkeeper.org](http://calusawaterkeeper.org) or on social media at facebook.com/calusawaterkeeper, twitter.com/calusawater or instagram.com/calusawater.\*

Capturing the sparkle off the rolling waves...

*Sea Jewels*

Island inspired pavé diamond jewelry, set in 14k gold.

**CONGRESS JEWELERS**

SEALIFE ◀ FASHION ◀ DIAMONDS ◀ ESTATE

Periwinkle Place Shops • Sanibel Island • 239-472-4177 • [CongressJewelers.com](http://CongressJewelers.com)

## Heights Receives Grant To Support School Programs

The Heights Foundation/The Heights Center received a \$10,000 grant from Capital Bank Foundation for School Success programs. The grant will provide educational support and enrichment to more than 100 at-risk students in the organization's summer camp and after-school programs.

"The Heights Foundation developed School Success programs to address the challenges that may result from poverty, limited English proficiency and limited educational involvement," said Kathryn Kelly, CEO and founder of The Heights Foundation and The Heights Center. "Our programs provide a safe and engaging place for kids to be when school is out. Capital Bank Foundation's grant helps build successful students and a stronger community. We are grateful for their support."

"Since its inception, Capital Bank Foundation has invested to promote

progress and prosperity across our communities," said Bryan Simmering, Capital Bank Southwest Florida Market president. "Our grant to The Heights Foundation/The Heights Center is targeting the education and development of our next generation of leaders."

Harlem Heights was originally settled as a rural agricultural community. Approximately 780 children live in a mixture of single-family homes and multi-family apartments. The poverty rate for children in Harlem Heights is more than twice the county average, with family income 40 percent below the county average. Families are not able to easily access family support services located in downtown Fort Myers, and benefit greatly from programs located within the neighborhood. The Heights Foundation and The Heights Center were created with the goal of building strong, self-sufficient families in the Harlem Heights neighborhood.

For more information about The Heights Foundation and The Heights Center, visit [www.heightsfoundation.org](http://www.heightsfoundation.org) or call 482-7706.\*



**GULF HARBOUR YACHT & CC**

11460 LONGWATER CHASE CT., FT. MYERS  
 • Updated 15,496 S.F. 6 BR, 6.3 BA  
**\$6,995,000** MLS 219003113  
 Patti Testa, McMurray & Nette 239.770.5445

**PALMETTO POINT**

6566 DANIEL CT., FT. MYERS  
 • Deep Water Boating Community  
**\$1,995,000** MLS 218083595  
 McMurray & Nette 239.850.7888

**SIESTA ISLES****NEW LISTING**

18211 CUTLASS DR., FT. MYERS  
 • Indoor/Outdoor Living, 4 BR  
**\$1,395,000** MLS 219044389  
 Tracy Walters 239.994.7975

**GULF HARBOUR YACHT & CC**

14551 HEADWATER BAY LN., FT. MYERS  
 • Lakefront, Custom, 3 BR, 2.5 BA  
**\$959,000** MLS 219027489  
 Patti Testa 239.770.5445

**SANIBEL HARBOUR YACHT CLUB**

15051 PUNTA RASSA RD. #WS02, FT. MYERS  
 • Wet Slip 50' x 20'  
**\$425,000** MLS 217030648  
 McMurray & Nette 239.281.4435

**WHISKEY CREEK ESTATES**

**OPEN 7/12 10:00AM - 1:00PM**

880 DEAN WAY, FT. MYERS  
 • 3 BR, 2 Full BA, 2 CG, 1,900 S.F.  
**\$249,000** MLS 218079878  
 Tina Tusack 239.634.3810

**ROYAL SHELL**

*We make it easy.  
 You make it home.®*

**Florida Locations:** Bonita Springs/Estero, Cape Coral, Captiva Island, Fort Myers, Naples/Marco Island, Ocala and Sanibel Island

**North Carolina Locations:** Cashiers, Highlands and Sapphire Valley/Lake Toxaway



RoyalShellRealEstate.com • 239.216.9021 • RoyalShell.com

**SIESTA ISLES**

**OPEN 7/13 10:00AM - 1:00PM**

18148 CUTLASS DR., FT. MYERS  
 • Direct Gulf Access, No Bridges  
**\$900,000** MLS 219025208  
 Tina Tusack 239.634.3810

**MCGREGOR****NEW PRICE**

1350 WALDEN DR., FT. MYERS  
 • In the Heart of Old Fort Myers  
**\$339,000** MLS 219040038  
 Kiersten Capo, McMurray & Nette 239.284.5847

**BRANDYWINE**

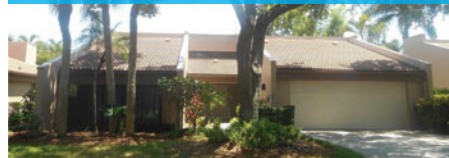
**OPEN 7/14 12:00PM - 3:00PM**

1218 ARCOLA DR., FT. MYERS  
 • Reduced by \$40K for Quick Sale!  
**\$218,888** MLS 218046039  
 Lori Jackson 239.633.4199

**CALOOSA CREEK**

**OPEN 7/14 10:00AM - 2:00PM**

15784 CALOOSA CREEK CIR., FT. MYERS  
 • 3 BR, 3 BA, 2,300+ S.F., Pool  
**\$575,000** MLS 219027363  
 Mark Hasson & Tina Tusack 954.696.1524

**THE LANDINGS****NEW LISTING**

4586 S. LANDINGS DR., FT. MYERS  
 • Gated 2 BR, 2.5 BA, 2 CG  
**\$279,900** MLS 219044313  
 Colleen Yergens 239.841.0559

**PEPPERTREE POINTE**

7233 SAINT ANNS CT., FT. MYERS  
 • 3 BR, 2 BA, Stand Alone Condo  
**\$192,500** MLS 219028811  
 Gary Davis 239.478.6601

**4.5-ACRE RIVERFRONT**

15500 COOK RD., FT. MYERS  
 • Rare & One-of-a-Kind  
**\$3,495,000** MLS 218051688  
 McMurray & Nette 239.850.7888

**GULF HARBOUR YACHT & CC  
NEW PRICE**

11500 LONGWATER CHASE CT., FT. MYERS  
 • 7,200 S.F., Attention to Detail  
**\$1,600,000** MLS 218017694  
 Chad Reedy, McMurray & Nette 239.989.8838

**GULF HARBOUR YACHT & CC**

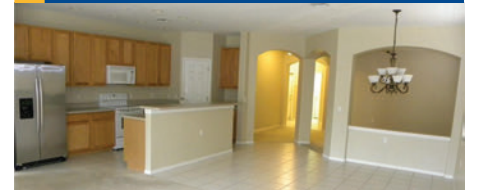
11421 LONGWATER CHASE CT., FT. MYERS  
 • Custom & Turnkey, 3,876 S.F.  
**\$1,199,000** MLS 218038285  
 Jamie Gates 239.910.2778

**GULF HARBOUR YACHT & CC**

11620 COURT OF PALMS #204, FT. MYERS  
 • River Views from 3rd Floor  
**\$518,900** MLS 218076182  
 Patti Testa 239.770.5445

**TWIN PALM ESTATES**

6012 KENNETH RD., FT. MYERS  
 • Between McGregor & the River  
**\$249,900** MLS 218067356  
 Cindy Roberts 239.565.9756

**CALUSA PALMS**

14726 CALUSA PALMS DR. #101, FT. MYERS  
 • Gated, Spacious & Well Lit  
**\$189,900** MLS 218082681  
 Troy De Mond 239.822.0332



Fort Myers Art:

# Grant Helps Bring In Contributors For New Play



by Tom Hall

**J**ames Brock has received a 2019-20 Individual Artist Grant from the Florida Division of Cultural Affairs to have his new play titled 3 produced by Ghostbird Theatre Company. 3 will run from August 1 to 10

at Koreshan State Park in Estero.

The matching \$25,000 grant will be used to pay other contributing artists and performers and to offset some of the production costs. Ghostbird is hiring co-founder Brittney Brady to serve as guest resident director for the play. Brady has just completed her second year in the prestigious master of fine arts (MFA) in directing program at CalArts in Los Angeles. She was Ghostbird's producing artistic director for five years before leaving for the West Coast to pursue her MFA.

"It's an opportunity to work with some of my favorite artists, to return home, and to see how I am continuing to grow," said Brady, who is looking forward to the summer production. "The play is lyrical, political and ritualistic, and I am excited to see what we can build in Art Hall at Koreshan."

Brock notes that the grant enables him to bring in other local artists and performers, including clothing designer and visual artist Mariapia Malerba.

"Mariapia is such a gifted collaborative artist, and the grant makes it possible for her to contribute to the project as well,"



Due to an individual artist grant awarded to co-founder James Brock, Ghostbird Theatre Company will be putting on another play at Koreshan State Park

photo courtesy www.artswfl.com

said Brock.

The play will feature other local actors and musicians, and it will include original and traditional songs.

While Ghostbird has produced two other plays at Koreshan State Park, 3 is not a play specifically about the Koreshan Unity Community.

"My play explores how three women contend with state punishment, a patriarchal 'correction' that is witnessed and supported by the community," said Brock. "The play considers how we internalize those corrections and how we lose our humanity along the way."

Known for producing site-specific plays, Ghostbird Theatre partners were last at Koreshan State Park for *ORBS!*, a play that postulated Cyrus Reed Teed's final fevered vision of a clean electric world for a new Adam and Eve – one to replace the utopia he'd hoped to establish at and

through the Koreshan Unity Community.

"There is something powerful having the play at Koreshan, a place of order and watchfulness, but it could occur anywhere, anytime," said Brock, who is among 18 individual artists statewide to receive this recognition and support. This is the second time he has received a Florida Division of Cultural Affairs grant for his playwriting.

For his creative writing, he has also received grants from the National Endowment for the Arts, the Alex Haley Foundation and the American Academy of Poets. He has published four books of poetry, and he is a professor of English at Florida Gulf Coast University.

Tickets for the play are available through Ghostbird Theatre Company via its website at [www.ghostbirdtheatrecompany.org](http://www.ghostbirdtheatrecompany.org).

**Lab's August Play Is Set In Fort Myers' DMV**

Coming in August to the Laboratory Theater of Florida is the world premiere of Zalman Velvel's *DMV*, a side-splitting comedy set in the Fort Myers Department of Motor Vehicles. Be among the first in the country to experience the hilarity that ensues on Bernice's last day of work, the morning after her raucous retirement shindig. Bernice is scheduled to retire on a full pension after 30 years, and she's ready to move in with her daughter. But her last day at work takes a turn for the worse when she becomes locked in a battle of wills.

*DMV* will open on August 9 at 8 p.m.

**Boulderbrook Accepting Submissions For Southwest Florida Art Festivals**

Boulderbrook Productions hosts a number of boutique art festivals in Southwest Florida each season. It is currently accepting submissions for:

Bonita Springs Invitational Art Festival (November 23 and 24); deadline – July 16

Sanibel Masters Art Festival (November 29 and 30); deadline – July 16

Art Festival at the Sanibel Shops (December 7 and 8); deadline – September 7

The Sanibel SCA Art Festival (January 17 and 18); deadline – October 4

The Art Festival at Mercato (January 25 and 26); deadline – July 16

Sarasota Masters Art Festival (February 1 and 2); deadline – September 21

Bonita Springs Invitational at The Promenade (February 15 and 16); deadline – October 1

Boca Grande Art Festival (March 7 and 8); deadline – October 14

Peace River National Art Festival (March 21 and 22); deadline – October 1

Bonita Springs Masters Art Festival (March 28 and 29); deadline – October 14

**Comedy/Variety Show Line-up Announced For Friday**

The Center for Performing Arts Bonita Springs has announced the lineup for the Friday, July 12 performance of *Just For Laughs* comedy/variety show, which features four comedians, two local "Audience Favorite" actors, accompanied by pianist Lin Hart.

Orlando comedian Carmen Vallone, of *Comedy Night School* and *Last Comic Standing*-fame, is the headliner. Vallone brought the house down at the May performance and is back by audience demand. He will be backed on this outing by fellow comedians Peter Beebe, Matt Heilman and "New York's Most Lovable Teddy Bear" in a Get-Off-My-Lawn-Kinda Way," Craig Schaefer.

Fresh from winning Audience Favorite at the Stage It! 10-Minute Play Festival, Melissa Hennig and Luis Pages will be special guests for the show. In addition to making other appearances throughout the evening, they will reprise their performance of Oded Gross's brilliantly hilarious *Stain*.

Lin Hart returns on the piano and will share her vocals, along with her in-demand accompaniment.

Emcee for the evening will be the center's Theater and Film Director Frank Blocker, formerly of Stage Left Studio in Manhattan where two of his solo works ran for three years, combined.

*Just For Laughs* performs on Friday, July 12 at 7:30 p.m. at the Moe Auditorium and Film Center, Center for Performing Arts, located at 10150 Bonita Beach Road in Bonita Springs.

To apply, visit [www.boulderbrook.net](http://www.boulderbrook.net).

*Tom Hall is both an amateur artist and aspiring novelist who writes art quest thrillers. He is in the final stages of completing his debut novel titled Art Detective. A former tax attorney, he lives in Estero with his fiancé and their four cats.\**

## Christmas In July

includes an eclectic mix of vintage and antiques, fine jewelry and small-batch products. The store will also give a gift with every purchase. Bullig Coffee and Bites, located inside the Butterfly Estates complex, will be serving a commemorative beverage to go along with food specialties. Thrifty Garden, also inside the Butterfly Estates complex, will host a plant sale and add multiple items on discount for the event.

Other participating businesses are Rust Never Sleeps, Shoppe Around the Corner and Sirena del Sol. More shops will be announced on each venue's respective social media site.

Organizers are hoping to make Christmas in July an annual event, with the community's support.

For more information and a map, visit [www.daascoop.com](http://www.daascoop.com).\*

**ALL ABOUT**

**HOME**

**REAL ESTATE EXPERT**

SW Florida, Fort Myers Beach, Sanibel & Captiva Islands is All About Home

**Cathie Lewis, Realtor**

I will Sincerely work for You

Phone: 239-745-7367

[Cathie@AllAboutHome.Life](mailto:Cathie@AllAboutHome.Life)

Pfeifer Realty Group

**LUCILLE'S BOUTIQUE**

**PREMIUM WOMEN'S CONSIGNMENT**

**15675 McGregor Blvd. Extension**

**Ft. Myers, Florida 33908**

**239-489-3554**

[lucillesboutique@hotmail.com](mailto:lucillesboutique@hotmail.com)

**BRING THIS AD IN FOR 10% OFF YOUR PURCHASE**

Mon - Fri 10 to 5

Sat 10 to 4

Consignment by appt. only





From left, Planned Giving Symposium Keynote Speaker Dana Holt, Symposium Scholars Marcela Pulgarin and Aaron Stanley and Planned Giving Council Board Member Z. Allen Abbott photo provided

## Planned Giving Symposium Scholars

Two local college students were nominated by their respective schools to attend the annual Planned Giving Symposium, sponsored by the Planned Giving Council of Lee County.

Florida Gulf Coast University nominated Marcela Pulgarin, a 29-year-old Naples resident. Pulgarin is originally from Colombia, migrating to the US in 2007. Following English studies at the Lorenzo Walker Institute, she completed an associate degree at Florida SouthWestern State College in 2016 and is currently a bachelor of arts degree candidate.

Florida Southwestern State College nominated Aaron Stanley. Stanley moved to Southwest Florida from Texas four years ago. He maintains a 4.0 grade-point average and is an inductee to the Lambda Epison Chi academic honor society for paralegals. He is married to Camille Graham and father of five-year-old Noah.

The symposium was held at Florida Southwestern State College's Fort Myers campus on June 6. Professionals in philanthropy, financial services and the nonprofit sector convened to share current thinking and methodology in giving for social impact.

"As the fundraising profession continues to evolve, it is important to help prepare future generations of professionals in our field," said Trevor Whitley, president of The Planned Giving Council of Lee County and partner and financial advisor with Marquis Wealth Management Group. "Our goal is to foster the development and engagement of young fundraising professionals. In addition, our organization can benefit from new ideas, enthusiastic perspectives and attitudes about philanthropy and serving the greater good."

The Giving Symposium scholars attended the symposium at no charge. They were mentored for the day by Planned Giving Council board member Dr. Z. Allen Abbott, philanthropy specialist for Cypress Cove at HealthPark Florida. Each student prepared for the event by studying selected materials related to the speaker and topic for the day. The scholars demonstrated a proficiency in the basic concepts of philanthropy presented at the Symposium.

The Planned Giving Council of Lee County was established in 1994 and provides programs presented by expert speakers, symposiums, networking and guidance to development and estate planning professionals involved in all aspects of charitable giving.

For more information about The Planned Giving Council of Lee County, visit [www.plannedgivinglee.org](http://www.plannedgivinglee.org).

From page 1

## World Snake Day

a 10 percent discount coupon for the Refuge Nature Store.

"My summer assistants and I decided to celebrate the day by drawing attention to and educating people about these cool, often misunderstood, reptiles," said Conservation Educator Sara Hallas, whose team is organizing the event.

The schedule for snake-friendly and free fun throughout the day is:

9 to 10 a.m. – Free guided Indigo Trail walk to the Wildlife Education

Boardwalk

11 to 11:30 a.m. – Free snake lesson in the Visitor & Education Center classroom

Noon to 1:30 p.m. - Free showing of the film *Invasion of the Giant Pythons* in the Visitor & Education Center auditorium

Noon to 2 p.m. – Ongoing free make-and-take snake crafts in the Visitor & Education Center classroom

2:30 p.m. – Free snake lesson in the Visitor & Education Center classroom

For more information about World Snake Day at the refuge, call 472-1100 ext. 236 or visit [www.dingdarlingsociety.org/articles/events](http://www.dingdarlingsociety.org/articles/events).

## Montage Women's Club

The Montage Women's Club has donated more than \$6,000 to several local charitable organizations within the past year. The 100-women women's club is currently undertaking a new scholarship program to grant several local deserving young women financial assistance in their pursuit of higher educational goals.

Members of the Montage Women's Club live in various Lee County

communities including almost all the Winkler Road communities (Lexington, Crown Colony, Avalon Preserve, Colony Lakes, Laguna Lakes, Winkler Estates, Southwind Estates, Coastal Key, etc.) There are also members in Cross Creek Estates, Casa del Lago, Bell Tower Park, Eagles Lake Estates, Lakewood Village, Marina Bay, Parkside, Park Crest, Reflection Lakes, The Landings, St. Charles Harbour, Whiskey Creek, The Legends, The Plantations, Gateway, Renaissance, Pelican Preserve and Colonial Country Club as well as the Cascades in Estero and several in Lehigh Acres.✱

Exclusive Memories of Sanibel  
Inspired by the Sea

THE CEDAR CHEST  
FINE JEWELRY  
A Sanibel Tradition Since 1975

Tahitian Gardens  
1993 Periwinkle Way  
Sanibel Island, FL 33957

Toll-free: 800-749-1987  
Telephone: 239-472-2876  
[www.CedarChestSanibel.com](http://www.CedarChestSanibel.com)



## Along The River

The **Alliance for the Arts** will host an **opening reception** for its July exhibition titled **Uncontained: Juried Exhibit** this Friday, July 12 from 5 to 7 p.m. The exhibit opened on July 5 and will be on view through August 3.

This exhibition challenges artists to turn trash into treasure by presenting art made entirely of recycled and found materials, and encourages viewers to reimagine the potential of discarded products. The juried entries come together for an unconventional exhibition that converges creativity and sustainability.

This year's juror is Dale Weber, who started his artistic journey in the early 1970s. He is a veteran of both solo, group and invitational exhibits and a recipient of several awards.

Meet and engage with exhibiting artists during a conversational tour through the gallery during the weekly GreenMarket this Saturday, July 13 at 10 a.m.

Receptions and gallery talks are open to the public and do not require tickets or reservations. While the gallery admission is free, a \$5 suggested donation keeps Alliance programming affordable and accessible.

Alliance for the Arts is located at 10091 McGregor Boulevard in Fort Myers. For more information, call 939-2787 or visit [www.artinlee.org/uncontained](http://www.artinlee.org/uncontained).

Four more performances of Pulitzer Prize-nominated **The Wolves** by Sarah DeLappe is being offered this weekend as a limited engagement by **The Laboratory Theater of Florida** Arts Education program. Performance dates are as follows: Friday, July 12 and Saturday, July 13 at 8 p.m. as well as Saturday and Sunday at 2 p.m.

**The Wolves** is set in an indoor soccer facility. Each scene depicts the nine teenage girls who make up the soccer team The Wolves as they are



**Fragrant plants will be the discussion point at Edison and Ford Winter Estates during a garden talk on Saturday**

photo courtesy [www.edisonfordwinterestates.org](http://www.edisonfordwinterestates.org)

warming up before their weekly games. From the safety of their suburban stretch circle, the team navigates big questions and wages tiny battles with all the vim and vigor of a pack of adolescent warriors. This is a portrait of life, liberty and the pursuit of happiness for nine American girls who just want to score some goals.

Lab Theater is located at 1634 Woodford Avenue in Fort Myers. Tickets are available to purchase on [www.brownpapertickets.com](http://www.brownpapertickets.com) or by calling the box office at 218-0481.

**Edison and Ford Winter Estates** is offering a **July Garden Talk on Fragrant Plants** this Saturday, July 13 at 10 a.m. The site contains many types of fragrant plants, and a plant's aroma is one of the key aspects of gardening. This class will include a walk around the property, as different varieties of fragrant plants will be identified as well as a discussion on maintenance and planting ideas.

Wear shoes for walking, a hat, sunscreen and bring drinking water. Participants will receive a 20 percent off coupon good toward purchases of trees or plants in the Garden Shoppe. Cost is \$10 for Edison Ford members and \$15 for non-members.

Edison and Ford Winter Estates is located at 2350 McGregor Boulevard in Fort Myers. For more information, call

From page 2

## Historic Downtown

and cited "significance to the community" as a value-determining factor.

The expert determined the hall to be in "fair to good condition" and "suitable for preservation and restoration." The architect cited it as an example of a type of WWII-era building that exemplified the "design aesthetic of the era" and was becoming "increasingly endangered." She recommended preservation.

Lee Trust board member Mary Rawl, who at the time was also president of RiverWatch (now named The Calusa Waterkeeper), focused particularly on the loss of public access to the river on the historic downtown riverfront.

Both she and Lee Trust's Gina Sabiston, also then vice-chair of the Fort Myers Historic Preservation Commission, envisioned the hall's future role much as famed city planner Andres Duany did in his 2002 city redevelopment plan commissioned by the city – as an open-air market place, meeting place, or concert venue.

Local historian and Lee Trust member Kathryn Wilbur summed up the issue in a way that still resonates today: "This is not about just one building... Hopefully this rally will call attention to the loss of buildings like the American Legion on First Street, built in the 1920s, and the need for preservation of the Hall of Fifty States... Development's not all bad, but this is about making sure that there's equal emphasis given to preservation."

Trust board member Kay Holloway highlighted the bigger issue under debate:

334-7419.

The 5th annual **Grouper Slam** benefiting Lee Association for Remarkable Citizens (LARC) is set to take place at **Royal Shell Port Sanibel Marina** this Saturday, July 13.

Registration for the tournament is \$500 per boat, and there is a 100 percent payout to the winning teams. There is a \$2,000 prize for the biggest grouper and fun fish category payouts. Teams can register online at [www.fishgrouper Slam.com](http://www.fishgrouper Slam.com). The registration deadline is Friday, July 12 at 6 p.m. at the captain's meeting at The Lighthouse Restaurant, located at 14301 Port Comfort Road in Fort Myers.

LARC will receive 100 percent of the proceeds from the chance drawing and silent auction benefit. Tickets for the drawing and opportunities to bid on the silent auction are open to the public at [www.larccounty.org/events](http://www.larccounty.org/events). Bidders need not be present to win.

The weigh-in will take place from 4 to 6 p.m. at Royal Shell Port Sanibel Marina, with the raffle and auction ending at 7 p.m. The public is encouraged to attend. Food and drink is available for purchase.

Royal Shell Port Sanibel Marina is located at 14341 Port Comfort Road in Fort Myers. To learn more about LARC, visit [www.larccounty.org](http://www.larccounty.org) or contact Development Director Angela Katz at 334-6285 ext. 229 or [angelakatz@larccounty.org](mailto:angelakatz@larccounty.org).

"the loss of public space for the average American."

The hall was demolished the following year. The land it stood on is now part of the Riverfront Basin Project, dedicated in December 2012.

As for public access to the river, that's a perennial topic of debate. The Luminary Hotel, now under construction, threatens public access to the river just east of Harborside Convention Center.

Stoll down to the foot of Hendry Street and imagine the rich history of the now-demolished Exhibition Hall and the activists who fought to save it.

Then, visit the following two research centers to learn more about Fort Myers's historic-preservation successes and failures.

The Southwest Florida Historical Society is an all-volunteer, non-profit organization open Wednesday and Saturday between 9 a.m. and noon and Wednesday 4 to 7 p.m.

It is located at 10091 McGregor Boulevard on the campus of the Lee County Alliance for the Arts. Call 939-4044 or visit [www.swflhistoricalsociety.org](http://www.swflhistoricalsociety.org) for more information.

The Lee County Black History Society is located at 1936 Henderson Avenue, adjacent to the Williams Academy Museum at Roberto Clemente Park.

Hours for the volunteer, non-profit organization are Wednesday through Friday from 11 a.m. to 4 p.m. and on Saturday by appointment only.

For more information, call 332-8778 or visit [www.leecountyblackhistorysociety.org](http://www.leecountyblackhistorysociety.org).

Sources: Archives of the *The News-Press*, *The River Weekly News* and The Southwest Florida Historical Society.\*



For over 30 years, Captiva Cruises has been providing beach & shelling cruises, island hopping, dolphin adventures and the most dazzling sunsets on the Gulf of Mexico.

Join us as we explore the islands of Cabbage Key, Useppa, Cayo Costa State Park, Boca Grande and Pine Island.

Call or book your tickets online! Reservation are Required.



239-472-5300

[captivacruz.com](http://captivacruz.com)





Matt Schofield

photos provided

## Local Band To Perform With British Blues Artist

British blues guitarist Matt Schofield & Friends, with guest appearance and performance by The Marty Stokes Band, will perform at

DJ's Rhythm House on Sunday, July 28 from 2 to 6 p.m.

Schofield is the most influential British blues guitarist to emerge since the 1960s. His guitar tone and distinctive phrasing have become highly influential, culminating in *Guitar & Bass Magazine* listing Schofield in its top 10 British Bluesmen of All Time.

This is the first U.S. gig for Matt Schofield & Friends after the group's



The Marty Stokes Band

European summer tour. They are Southwest Florida International Blues Challenge winner and four-time People's Choice winner.

The Marty Stokes Band will open the show. Stokes' guitar work has been described as raw and melodic, original and reaches the core. The band consists of Stokes on lead and slide guitar,

Jennifer Mazziotti on saxophone and keyboards, with Daryl Best on bass and Ernesto Guerra on drums.

Cost is \$15 at the door and \$12 in advance. Doors open at 1 p.m.

DJ's Rhythm House is located at 16440 South Tamiami Trail, Suite 11. For more information or to reserve tickets, call 466-8326.\*



2017 Tides of Change Event

photo provided

## Tides Of Change Fundraiser Set For November

PACE Center for Girls, Lee County has announced its fundraising event Tides of Change will be held at MarineMax on Friday, November 8 from 6 to 9 p.m.

PACE Center for Girls invites the community to help chart a smoother course for at-promise young women in Lee County through the event, which supports vital academic and social services for

middle and high school girls, serving as a lifesaving compass that points them toward a brighter future.

Guests at the event will have a "yacht" of fun with shoreside evening cocktails, dinner and dancing dockside at MarineMax Fort Myers. They will have the opportunity to raise their paddles to bid on an array of live auction lots in support of PACE Center for Girls.

The signature event is led by co-chairs John Agnew and Suzanne Boy with Boy Agnew Potanovic Law Firm. The Fort Myers Police Department has been named the North Star (title) sponsor of the event.

A range of additional sponsorship

continued on page 21



# She Sells Sea Shells

"An Ocean Boutique"

"Where Islanders Have Sent Their Friends & Family To Shop Since 1976"

Sanibel & Worldwide Shells • Corals & Exotic Sealife • Shell Gifts  
Jewelry • Books • Candles • Lamps • Sanibel Perfumes • Craft Supplies  
T-Shirts • Tanks • Muscles • Hoodies • Hats • Cover-Ups & Dresses  
Handmade Shell Xmas Ornaments & Flowers

WELCOME VISITORS

Celebrating Over

43 Years On Sanibel!

SEE OUR SHELL FLOWERS

SEASHELL CANDLES  
LARGE SELECTION  
**THIS WEEK**  
**30% OFF**

BAMBOO  
WIND CHIMES  
Reg. \$25  
**NOW \$20**  
Large Selection • Beautiful Sounds

FREE GIFT!

BEST OF  
FORT MYERS

Voted The Best Shell Shop in SW Florida -News Press Readers Poll 2000-2018 Voted The Best Gift Shop in SW Florida 2018

Adult & Kids T's  
sizes XS-XL  
**3 for \$23**  
XXL 3 for \$29

20% Off

Any Single Item  
(cash sales only)  
Good with coupon  
not valid on sale items

1157 Periwinkle Way  
472-6991

Open 7 Days 9:00am til' 9:00pm  
SheSellsSeaShellsSanibel.com



Winner Best Shell Shop -Islander/Island Reporter Readers Poll 2000-2018 2015 Best Craft Shop & Best Gift Shop



# Data Released For School Assessment

Florida school districts received results recently from the Florida Department of Education for students that participated in the 2019 Spring Florida Standards Assessment (FSA) and End of Course (EOC) Exams. Students in Grades 3 to 10 took the FSA test in English Language Arts (which includes both reading and writing skills). The FSA Math test was administered in Grades 3 ot 8, and the Science test was administered in Grades 5 and 8. Students enrolled in civics, algebra 1, algebra 2 and geometry in Spring 2019 participated in the state’s EOC exams for those subjects. The percent of elementary school students scoring Levels 3 to 5 on the English Language Arts (ELA) FSA and the Math FSA increased at every grade level. Middle School ELA scores increased at all grades levels as well, while sixth grade math scores went up 6 percent and eighth grade scores jumped 13 percentage points. Ninety-five percent of students taking the algebra EOC in grades 4 to 8 scored levels 3 to 5. Middle school civics and high school U.S. history End of Course Exam (EOC) scores both increased. East Lee County High School, the District’s only school in DA status,

increased in every tested area except one, while three elementary schools increased in all grade level and content areas: Fort Myers Beach Elementary, Manatee Elementary and Ray V. Pottorf Elementary. This is the second year middle schoolers were offered the ability to take advanced math courses. This led to a positive trend in eighth grade FSA math, moving Lee County from 25th in the state to 12th for eighth grade proficiency in math, while seventh graders continued to outperform their peers across the state. “I couldn’t be more proud of our students, teachers and administrators,” said Superintendent Dr. Greg Adkins. “Student success is the number one priority of this district and, year after year, our scores illustrate our commitment to achievement.” “The systems and processes we have put into place are making a positive impact,” explained Chief Academic Officer Dr. Jeff Spiro. “I look forward to continuing the amazing work that this team has implemented in order to achieve even higher gains for our students moving forward.” Scores released are for all students, and measure achievement levels. Later in the summer, state officials will release school and district grades, which will be based on students enrolled the entire school year, and will include measures of student learning gains. In July, parents will be able to pick up their student’s Individual Student

Report. A message will be sent when the reports are available at the school where the child took the assessment.✽

# Cypress Lake High Designated Arts Model School

Cypress Lake High School has been selected as a Florida Arts Model School for the next three school years by the Florida Department of Education. The program recognizes schools that offer exemplary programs in any of the four arts disciplines: dance, music, theatre and visual arts. “I am so happy about our students and teachers being selected for this honor,” said Cypress Lake High School Principal Angela Roles. “We are so proud of the quality of our programs and so excited for the coming arts season. Special thanks to Dr. Santini for his support and encouragement.” The Center for the Arts at Cypress Lake High School was created in 1994 to offer an enriched arts education for high school students with a passion and talent in music, theatre, dance, visual arts or media arts. The program is designed to develop both the artistic and academic skills of talented students who may be interested in artistic careers or who may choose to develop their artistic talents for self-fulfillment. To be selected as a Florida Arts Model School, the school must show success in

leadership, highly qualified and effective arts teachers, curriculum, facilities, scheduling and support, community connection and school culture in their application. Based on those scores, the strongest schools are then personally evaluated by arts education professionals. Schools receiving a Florida Arts Model School designation agree to be assigned a partner school for the duration of their three-year recognition period to model best practices and provide overall assistance in starting or enhancing arts programs at the school. In addition, these schools will welcome visits by faculty teams statewide who wish to enhance or affirm their arts education practices. Two other Lee County Schools – North Fort Myers Academy for the Arts and Edison Park Creative and Expressive Arts School – are Florida Arts Model Schools (FAMS). Both are in the third and final year of their FAMS designation.✽

# College Graduates

Four Four Myers natives recently graduated from the University of Alabama in Tuscaloosa, Alabama. Andrea Alyse Globetti earned a bachelor of science degree in commerce and business administration. Carly Elizabeth Harris earned a bachelor of science degree. Madyson Elizabeth Potter earned a bachelor of arts degree.✽

# Churches/Temples

**ALL FAITHS UNITARIAN CONGREGATION** Service 9, and 11 a.m. Children’s RE, Adult Education Forum 10 a.m., www.allfaiths-uc.org, 2756 McGregor Boulevard, 226-0900. **ALL SAINTS BYZANTINE RITE CATHOLIC** Sunday 10:30 a.m., 10291 Bayshore Road, 599-4023. **ANNUNCIATION GREEK ORTHODOX** Sunday 9 and 10 a.m., www.annunciation.fl.goarch.org, 8210 Cypress Lake Drive, 481-2099. **BAT YAM-TEMPLE OF THE ISLANDS** Friday Shabbat at 7 p.m. www.batyam.org, 2050 Periwinkle Way, 579-0296. **BETH YESHUA MESSIANIC SYNAGOGUE** Saturday 11 a.m. 15675 McGregor Boulevard, 437-3171. **BIBLESHARE** 10 a.m. Sunday and 7 p.m. Tuesday, www.simplysimpleworship.com, 7050 Winkler Road, Suite 121, 437-8835. **BREAD OF LIFE MINISTRIES** Sunday 10:30 a.m. 16581 McGregor Boulevard, 267-3166. **CHABAD LUBAVITCH ORTHODOX** Friday 6:30 p.m., www.chabadswf.org, 5620 Winkler Road, 433-7708. **CHAPEL OF CYPRESS COVE** Sunday 10 a.m., www.revtedalhouse@aol.com 10200 Cypress Cove Circle, 850-3943. **CHURCH OF THE CROSS** Sunday 9:15 and 10:45 a.m. 13500 Freshman Lane, 768-2188. **CONGREGATIONAL** Sunday 10:30 a.m., www.taecc.com, 1619 Llewellyn Drive, 334-4978. **COVENANT PRESBYTERIAN** Sunday 10 a.m. 2439 McGregor Boulevard, 334-8937. **CYPRESS LAKE BAPTIST** Sunday 9:45 and 11 a.m., 7 p.m.; Wednesday 6:30 p.m. 8400 Cypress Lake Drive,

481-5442. **CYPRESS LAKE PRESBYTERIAN** Sunday 8, 9, 10 and 11 a.m. www.clpc.us, 8260 Cypress Lake Drive, 481-3233. **CYPRESS LAKE UNITED METHODIST** Sunday 8, 9:30 and 11 a.m. 8570 Cypress Lake Drive, 482-1250. **FAITH UNITED METHODIST** Sunday 8:45 and 10:30 a.m., 15690 McGregor Boulevard, 482-2030. **FIRST CHURCH OF CHRIST, SCIENTIST** Wednesday 12 noon Testimony Service, Sunday 10:30 a.m., www.christiansciencefortmyers.net, www.christianscience.com. 2390 West First Street, 334-6801. **FIRST CHURCH OF THE NAZARENE** Sunday 10:30 a.m. and 6 p.m., 13545 American Colony Boulevard, 936-2511. **FIRST UNITED METHODIST CHURCH** Sunday 9:30 a.m. and 5:30 p.m. www.fumcftmyers.org, 2466 First Street, 332-1152. **FORT MYERS CHRISTIAN** Sunday 10:30 a.m., 5916 Winkler Road, 437-4330. **FORT MYERS CONGREGATIONAL UNITED CHURCH OF CHRIST;** Sunday 10 a.m., 8210 College Parkway, 482-3133. **FIRST PRESBYTERIAN CHURCH OF FORT MYERS** 11 a.m. Sunday, www.fpcfortmyers.org, 2438 Second Street, 239-334-2261 **IONA-HOPE EPISCOPAL CONGREGATION** Saturday 5 p.m.; Sunday 8 a.m. and 9:30 a.m.; Tuesday 9:30 a.m.; Wednesday 9:30 a.m., 9650 Gladiolus Drive, 454-4778. **JESUS THE WORKER CATHOLIC** Friday and Saturday, 7 p.m.; Sunday 8, 10 a.m. and 6 p.m., 881 Nuna Avenue, 481-1143. **KINGDOM LIFE** Sunday 10:30 a.m., 2154 McGregor Boulevard, 218-8343. **LAMB OF GOD** Sunday 7:45 and 10 a.m., www.lambofgod

church.net, 19691 Cypress View Drive, 267-3525. **NEW BEGINNINGS CENTER** Friday 6:30 and 7 p.m. nbcministry@embarqmail.com, facebook.com/nbcministry, 8505 Jenny Cae Lane, 656-0416. **NEW COVENANT EYES** Monthly 9 a.m., www.newcovenanteyes.com, 1900 Park Meadows Drive, 220-8519. **NEW HOPE BAPTIST** Sunday 11 a.m.; Wednesday 7 p.m. 16120 San Carlos Boulevard, Unit 10, 985-8503. **NEW HOPE PRESBYTERIAN** Sunday 8, 9:30 and 11 a.m., www.newhopefortmyers.org, 10051 Plantation Road, 274-1230. **PEACE COMMUNITY** Sunday 10:30 a.m. www.peacecommunitychurch.com, 17671 Pine Ridge Road, 267-7400. **PEACE LUTHERAN** Sunday 8 and 10 a.m., www.peaceftmyers.com, peace@peaceftmyers.com. 15840 McGregor Boulevard, 437-2599. **REDEEMER LUTHERAN** Sunday 8:15 and 10:15 a.m. 3950 Winkler Ext., 274-0143. **RIVER OF LIFE ASSEMBLY OF GOD** 8, 9:45 and 11:30 a.m., 21580 River Ranch Road, 495-0400. **SAMUDRABADRA BUDDHIST CENTER** Meditation classes. www.MeditationInFortMyers.org, 567-9739. **SAINT COLUMBKILLE CATHOLIC** Monday through Saturday 8 a.m.; Saturday 3 and 5 p.m.; Sunday 7, 9 and 11 a.m., 5:30 p.m., 12171 Iona Road, 489-3973. **ST. FRANCIS XAVIER CATHOLIC** Monday through Thursday 6:45 a.m.; Friday 6:45 and 11 a.m.; Saturday 4 p.m.; Sunday 6:45, 9:30 and 11 a.m., 2157 Cleveland Avenue, 334-2161. **SAINT JOHN THE APOSTLE METROPOLITAN** Sunday 10 a.m., 3049 McGregor Boulevard,

344-0012. **SAINT MICHAEL LUTHERAN** Saturday 5:30 p.m.; Sunday 8 and 10:45 a.m., 3595 Broadway, 939-1218. **SAINT NICHOLAS MONASTERY** Sunday 9:30 a.m., www.saintnicholasmonastery.org, 111 Evergreen Road, 997-2847. **ST. VINCENT DE PAUL CATHOLIC** Tuesday through Friday 9 a.m.; Saturday 4 p.m.; Sunday 9 and 11 a.m., 13031 Palm Beach Boulevard, 693-0818. **SOUTHWEST BAPTIST** Sunday 11 a.m.; Wednesday 6 p.m., 16940 McGregor Boulevard, 454-3336. **TEMPLE BETHEL SYNAGOGUE** Friday Shabbat 7:30 p.m.; Torah Saturday 9 a.m.; Religious School Wednesday 5:30 p.m. and Sunday 9:30 a.m., www.templebethel.com, 16225 Winkler Road, 433-0018. **TEMPLE JUDEA (CONSERVATIVE)** Friday 6:30 p.m. and Saturday 9 a.m., www.tjswfl.org, 14486 A&W Bulb Road, 433-0201. **THE FAITH CENTER** Sunday 9 and 10:30 a.m., Thursday 7:15 p.m., 17650 South Tamiami Trail, Suite 212, 278-3638. **THE NEW CHURCH** Sunday 11 a.m., www.newchurchflorida.com, 10811 Sunset Plaza Circle #401, 481-5535. **UNITARIAN UNIVERSALIST** Sunday 10:30 a.m., www.uucfm.org, 13411 Shire Lane, 561-2700. **UNITY OF FORT MYERS** Sunday 10 a.m., www.unityoffortmyers.org, 11120 Ranchette Road, 278-1511. **WESTMINSTER PRESBYTERIAN CHURCH** Sunday 9:30 and 10:45 a.m., 9065 Ligon Court, 481-2125. **WORD OF LIFE** Sunday 10 a.m., Wednesday 7 p.m., 2120 Collier Avenue, 274-8881. **ZION LUTHERAN** Sunday 8, 9:30 and 10:45 a.m., www.zionfm.org, 7401 Winkler Road, 481-4040.✽



## CROW Case Of The Week:

## Pileated Woodpecker



by Bob Petcher

The pileated woodpecker (*Dryocopus pileatus*) is a large woodpecker with a red crest on top of its head. One can distinguish a male from a female by the size and color of the crest. A male tends to have a brighter and larger crest and a red stripe along its cheek. Females do not have the cheek stripe.

Pileated woodpeckers will make themselves known when they fly into your neighborhood. They are noisy with their drilling technique and whinnying calls. They drum on dead trees in a rectangular pattern to get at ants, particularly carpenter ants, and other insects. Their drumming and whinnying also acts as a territory defensive measure, while the created rectangular holes provide housing or shelter for other birds, owls or bats.

At CROW, an adult pileated woodpecker was admitted from Fort Myers Beach after appearing to have an injured leg. During the initial intake exam, the patient's leg was tested for strength, and it was apparent the woodpecker had decreased grip with the

right foot.

"The woodpecker was tested at intake by placing a pen or Q-tip in the 'palm' of their foot, evaluating to see if they reflexively grasp for it," said Dr. Megan Cabot, CROW veterinary intern.

Veterinarians also suspected a left coracoid fracture, an injury to an area that is similar to a human collar bone. Radiographs indicated there was a fracture, but due to its location near the midline, it was difficult to assess the extent of the injury.

"The fracture will be allowed to heal on its own with stabilization by a body wrap and rest," said Dr. Cabot. "There are a lot of structures in that midline area that overlap and make it difficult to see clearly in such a small patient."

The bird was given anti-inflammatory and pain medications and provided with plenty of climbing and habitat enrichment in its enclosure.

"The woodpecker is provided with upright perches made from wide, hollow logs to mimic tree trunks like those they would perch on and forage from in the wild," said Dr. Cabot.

The body wrap will be in place for some time as the pileated woodpecker needs the fracture to be totally mended.

"It will take a few weeks to months for the bone to heal," Dr. Cabot noted.

Due to the area of the fracture, it is not a foregone conclusion that the patient will be releasable.

"The woodpecker is doing well so far, keeping the body wrap in place. It is a picky eater but right now the favorite snack is beetles," added Dr. Cabot.



Patient #19-2760 is in a wait-and-see holding pattern when it comes to its fracture and its ability to fend for itself in the wild

photo by Brian Bohman

"The bird will likely be with us for a few months while we give it time to heal, but unfortunately the prognosis is guarded for regaining full function of that wing and being released back into the wild."

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife

hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit [www.crowclinic.org](http://www.crowclinic.org).✱

In the Moo-d for  
**UDDERLY  
GREAT  
FOOD!**

- Winner of the Best of the Islands for 15 years and counting!
- Serving Breakfast, Lunch and Dinner Daily

LIVE MUSIC  
FULL LIQUOR  
HAPPY HOUR  
ALL DAY LONG



Open 7 am - 9 pm • Open "8 Days a Week"

2163 Periwinkle Way, Sanibel Island • 239.472.0606 • [SanibelIslandCow.com](http://SanibelIslandCow.com)

## IL TESORO RISTORANTE

FINE ITALIAN CUISINE

*inspired by Island Fare in a bistro style*

**VOTED "BEST CHEF"**  
**BEST OF THE ISLANDS AWARD**

TASTE OF THE ISLANDS  
**IRON CHEF WINNER AJ BLACK**

Celebrating Our 10 Year Anniversary

Extensive New Wine List  
Tasting Menu

**SUNSET DINING**

**4:30-6:30 P.M.**

**3-Course**

**Prix Fixe Menu**

**\$19<sup>95</sup>**

"Fresh ingredients, simplicity, love...  
the recipe for a treasured dining experience"  
— Chef/Owner AJ Black



7 Days • 5-10 pm

751 Tarpon Bay Road  
Sanibel Island, FL

Reservations Suggested

[www.ilterosoro.net](http://www.ilterosoro.net) • 239-395-4022



# Summer Time Fishing Just Keeps Getting Better



by Capt. Matt Mitchell

Most of this week, I spent my time in and around the passes, catching snook along with some redfish and even trout. To see our passes come alive over the past

few weeks is awesome.

Every pass is holding lots of summertime snook. It's just a matter of what the tide is doing to decide which pass will be most productive. What all these passes have in common is the huge volume of water that travels through them on the tide, and that makes a perfect set up for hungry fish to feed.

Captiva Pass offers lots of options with snags and deep fast-moving water both on the Cayo Costa side and along the docks on the south side. Besides snook, this pass will produce some really big bull redfish on the lower stages of the tide all summer long. The snags on the north side load up with snook along with the inside deeper trench on Cayo Costa. Working out this bite only comes with time served, though once you do figure it out, it is very consistent.

Redfish Pass is one of our more famous snook fishing passes and offers a

seawall with rocks on the south side that turn into sand beach. This side of the pass is all about drift-fishing live bait close to the bottom. Rock jetties on either side of the pass can be fished while anchored and, at times, can be holding hundreds of snook. The north side of Redfish Pass has docks on the inside that are also a good place to anchor up and snook fish.

Blind Pass is far from a secret, and it has some of the fastest-moving current anywhere. Dialing in on what tide these fish want to feed on is forever changing, though when you do hit it right, the bite is often nonstop. It's not unusual to catch redfish in this pass too, though this week the big surprise was the amount of large trout we caught while snook fishing. Some days this week you could see the snook laid up under the mangroves almost right on the surface. Sight casting these fish is a blast.

What all these passes do share beside the fact they hold lots of fish is that the only way to work out how to fish them successfully is to put your time in. There is not one specific place that will always hold fish as it's constantly changing depending on the wind and tide. Look for reverse eddies and tide rips that often change depending on how fast the current is moving to be the ambush places these fish will be. Any piling or downed tree limb can also work as a snook honey hole. In the deeper water, snook get down flush to the bottom behind rocks or even just bumps and lumps in the bottom so they don't have to use up any energy fighting the tide. Once a snook has a comfortable place to set in the tide, it's a never-ending baitfish buffet for them as they just dart out and



Summertime catch-and-release shark fishing is in full swing

photo provided

grab an easy meal.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives

in St. James City and works as a back country fishing guide. If you have comments or questions, email [captmattmitchell@aol.com](mailto:captmattmitchell@aol.com).\*\*

BOAT RENTALS

Fishing • Cabbage Key  
Dolphin Watching  
Captains Available  
472-5800  
Jensen's Marina  
Captiva Island

CAPT. MATT MITCHELL

Light Tackle Sport Fishing

Tarpon • Snook  
Redfish & More

C: (239) 340-8651  
[www.captmattmitchell.com](http://www.captmattmitchell.com)  
email: [captmattmitchell@aol.com](mailto:captmattmitchell@aol.com)

CLEAR YOUR GEAR™

It Catches More Than Fish  
Single hooks cause less  
damage than treble hooks

Send Us Your Fish Tales

We would like to hear from anglers about their catches.

Send us details including tackle, bait and weather conditions, date of catch, species and weight, and include a photograph with identification.

Email to [press@islandsunnews.com](mailto:press@islandsunnews.com) or call 395-1213.

1

Your Bottom Specialist  
Call on Paint Prices

ISLAND MARINE SERVICES, INC.

• NEW MOTOR SALES • REBUILT POWERHEADS •

• FACTORY TRAINED •

MERCURY – MARINER – JOHNSON – EVINRUDE  
SUZUKI – YAMAHA – OMC – I/O'S – MERCURUISER

Courteous Professional Marine Repair Service • Dockside Service

Serving Sanibel & Captiva For Life

472-3380 • 466-3344

Dave Doane



## Plant Smart

## Sago Palm

by Gerri Reaves

The sago palm (*Cycas revoluta*) is a member of the cycad family, a group of tropical and tropical plants that have been around since the age of the dinosaurs.

When it comes to classification, both its common name and appearance are misleading. It is not a palm and only distantly related to them. Adding to the confusion is the origin of the word cycas, which is Greek for "palm."

Superficially, it resembles a giant fern, but is not a fern either. The dried leaves are used in floral arrangements, thus another common name, funeral palm.

In fact, it is more closely related to conifers than to palms or ferns, as the plant's cones hint.

Native to the tropical islands of southern Japan, like other cycads, sago palm is dioecious, meaning that it has separate male and female plants.

A mature male plant produces a yellow cylindrical cone at its center. It is filled with pollen, measures up to two feet long, and is commonly described as having an unpleasant odor.

The female plant produces large orange-red seeds of about two inches in diameter. They grow between scale-like leaves that form a rounded furry mass at the plant's center.

It flowers in summer, usually every other year. It is very slow-growing, taking 50 years to reach a height of 12 to 15 feet, a characteristic that makes it



Non-native sago palm is a cycad, a plant group that dates to the age of the dinosaurs

photos by Gerri Reaves

a good container plant.

The oldest specimens are more than 2,000 years old!

The stout dark brown trunk is roughly shaggy. Pups, or suckers, sometimes form around the base of the trunk and can be removed and used to propagate new plants.

The stiff evergreen leaves are three to five feet long and pinnately compound, or feather-like in structure (think areca palm), and up to nine inches wide. Each glossy linear leaflet is about four inches long.

The Latin word *revolut* means "rolled back" and refers to the leaflets'



Pups from the base of the trunk can be removed and propagated

under-curved edges.

It has nitrogen-fixing roots and is drought and salt tolerance. It will grow in sun or shade and needs well-drained soil or it will rot.

The species has a few downsides. It has suffered in recent years from a viral cycad aulacaspis scale and is also susceptible to leaf spot.

All parts of sago palm are toxic to people and animals because it contains a strong neurotoxin that can paralyze or cause an excruciating death if ingested,

so exercise caution if it's in your yard.

If you're thinking about adding cycads to your landscape, consider Florida's own native cycad, coontie (*Zamia integrifolia*). Although toxic, as are all cycads, it is the host plant for the rare atala butterfly.

Sources: *Florida Plant Selector* by Lewis S. and Betty M. Maxwell, <http://edis.ifas.ufl.edu>, [www.floridata.com](http://www.floridata.com), and [www.south-florida-plant-guide.com](http://www.south-florida-plant-guide.com).

*Plant Smart* explores the diverse flora of South Florida.✱

## Free Program To Help Reduce Fertilizer Runoff

Rainy season can wash fertilizer into waterways. While this is not a new problem, the University of Florida (UF) has had a program in place since the 1990s to give homeowners the knowledge and tools to reduce this runoff.

The UF/Institute of Food and Agricultural Sciences Extension for Lee County is presenting a free program,

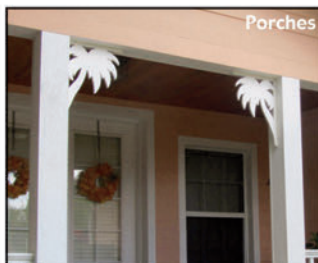
titled Florida Yards and Neighborhoods Introductory Class. Lee County Master Gardeners will teach nine principles during a session at Lakes Regional Library on Saturday, July 20 from 10 a.m. to noon.

The class is useful to experienced as well as novice gardeners. Landscaping ideas help homeowners be better ecologists and may reduce their yard maintenance.

Lakes Regional Library is located at 15290 Bass Road in Fort Myers. Visit [www.gardeningolutions.ifas.ufl.edu/mastergardener/images/logos/2019/mg\\_Logo2019\\_4cSideHorz.pn](http://www.gardeningolutions.ifas.ufl.edu/mastergardener/images/logos/2019/mg_Logo2019_4cSideHorz.pn) for more information.✱



[naturebrackets.com](http://naturebrackets.com)  
[info@naturebrackets.com](mailto:info@naturebrackets.com)



New Designs Available at  
**Forever Green Ace Hardware**  
2025 Periwinkle Way • Sanibel, FL

For a Full Mailbox  
call Dave at  
(239) 454-1001



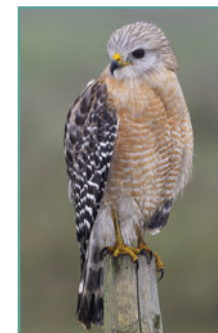
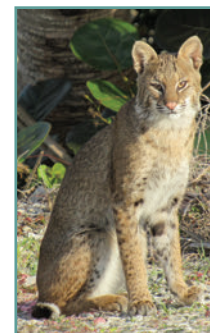
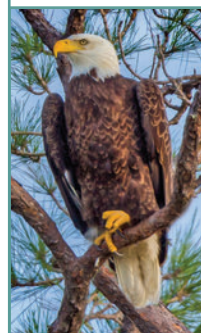
## Help SCCF Bring Back the Barn Owls

**Poisoned rats can kill the eagles,  
hawks, bobcats and owls that eat them.**

**Tell your pest control professional to  
NOT use these rat poisons:**

**• brodifacoum • bromailone • difenacoum • difethialone**

**Or consider not using any rat poisons at all.  
Instead, seal all entry points to your home.**



**SCCF 472-2329 • [www.SCCF.org](http://www.SCCF.org)**



From page 3

## Broadway Palm

sometimes physical, altercations date back to their high school days. The rivalry reaches its peak when the beautiful, eccentric, and charming Ariel moves into the neighborhood. Chaos, and laughter, ensues as deep-rooted feuds are reopened but, with the help of Ariel's love and compassion, Max and John have a chance to be reunited in friendship.

*Kinky Boots* (February 13 to April 4) – Based on true happenings, this heartwarming story tells of Charlie, a factory owner struggling to save his shoe business, and Lola, a fabulous entertainer in need of some sturdy stilettos. The two have seemingly nothing in common, but with a little compassion and a lot of understanding, this unlikely duo learns to embrace their differences and find they have more in common than they think. Featuring original songs by pop icon Cyndi Lauper, this high-energy, full-hearted hit is inspiring audiences to let love shine and showing them that sometimes the best way to fit in is to stand out.

*Something Rotten!* (April 9 to May 16) – Set in 1595, this hilarious new musical comedy tells the story of brothers Nick and Nigel Bottom, two playwrights stuck in the shadow of the Renaissance rock-star Will Shakespeare. So desperate to write a hit play, when a prophet foretells that the future of theatre involves singing, dancing and acting at the same time, the brothers set out to write the world's very first musical. *Something Rotten!* is a hilarious serving of entertainment and an irresistible ode to the dazzling creation of musicals.

*Swing* (May 21 to June 20) – We'll be jumpin' and jivin' with over 30 fabulous songs from the Big Band Era. Swing exploded out of Harlem and shattered cultural and ethnic barriers. Step back in time and relive the dance phenomenon that swept the world with specialty styles such as jive, swing, Lindy hop, West Coast swing and hip-hop swing. This all singing, all dancing extravaganza features the classic tunes *It Don't Mean a Thing*

*If It Ain't Got that Swing*, *Boogie Woogie Bugle Boy*, *In the Mood*, *Sing Sing Sing*, *I'll Be Seeing You*, *Stompin' at the Savoy*, *Cry Me a River*, *All of Me*, *Bounce Me Brother* and so many more.

*The Sound of Music* (June 25 to August 8) – Based on the book *The Story of the Trapp Family Singers* and the 1965 film starring Julie Andrews, this Rodgers and Hammerstein musical has touched the hearts of audiences around the world for decades. Follow Maria, the high-spirited, aspiring nun as she is sent from her convent to be the governess to seven unruly children of a strict father, Captain von Trapp. The children eventually come to like Maria, and she finds herself falling in love with the captain. The timeless score includes *Do-Re-Mi*, *My Favorite Things*, *Climb Every Mountain*, *Sixteen Going on Seventeen*, *Edelweiss* and *The Sound of Music*.

The Off Broadway Palm Theatre is Broadway Palm's second performance venue. The Off Broadway Palm's season begins September 19 and runs through July 26, 2020. Ticket prices range from \$42 to \$62. Performances are Tuesday through Sunday evenings (no Tuesday evening performances May through October) with selected matinees.

The Off Broadway Palm productions include:

*Dames At Sea* (September 9 to November 2) – This is a tap-happy musical parody of the golden era of Hollywood musicals. Ruby heads to New York to become the next Broadway star, but after landing a job in the chorus, her dreams are almost shattered when the theatre is set for demolition. With the help of two sailors, the show is moved to their ship, and when the leading lady becomes sick, Ruby has the chance to jump in and save the day.

*A Christmas Carol: A Live Radio Play* (November 14 to December 25) – The Charles Dickens classic comes alive on stage, but with a twist. The story of Ebenezer Scrooge and his discovery of the true meaning of Christmas is reimaged and told as a 1940s radio broadcast complete with vintage commercials, live

sound effects and musical underscoring. The small cast brings dozens of characters to life as three ghosts take Scrooge on a thrilling journey through Christmas past, present and future.

*Weekend Comedy* (January 9 to February 22) – Peggy and Frank, a middle-aged couple who have fallen into a marital rut, rent a cabin with romance on their mind. But the mood is broken by the arrival of Jill and Tony, a cohabitating couple in their 20s who are madly in love. After finding the four were accidentally booked into the same cabin, they all decide to stay and a comedic clash of generations is set in motion.

*Always A Bridesmaid* (February 27 to April 19) – The hilarious comedy about four high school friends who promised to be in each other's weddings, no matter what. Over 30 years later, these Southern friends-for-life are still making "the long walk" for each other determined to honor that vow. Hop on this marriage-go-round for a laugh-out-loud journey with these struggling bridesmaids as they navigate the choppy waters of love and matrimony.

*Love, Sex, And The IRS* (June 4 to July 26) – The hysterical story of two out-of-work musicians, Jon and Leslie, who room together in New York to save money. One of them has been filing tax returns that list the pair as a married couple. However, the day of reckoning comes when an IRS investigator shows up. Jon's fiancée dresses Leslie as a woman, but things get a tad confusing when Jon's mother drops in to meet his new fiancée.

Broadway Palm Children's Theatre shows are fun for everyone. The chef's buffet includes children's favorites such as pizza, chicken nuggets, pasta, french fries and more. Tickets are \$19 for all ages. Performances are matinees with lunch beginning at noon and show beginning at 1 p.m. During the school year, there are early matinees with lunch beginning at 10:30 a.m. and show beginning at 11:30 a.m.

The Broadway Palm Children's Theatre productions include:

*Charlotte's Web* (Selected matinees October 11 to November 15) – The loveable story is about a young pig named Wilbur, who is saved by a crafty spider Charlotte and a little girl named Fern. Though small in size, Charlotte's big heart helps Wilbur understand and accept his place in the world. This musical version is full of songs and a barnyard full of lively farm animals.

*The Elves And The Shoemaker* (Selected matinees November 29 to December 24)

A poor cobbler and his wife learn the true meaning of the Golden Rule in this irresistible, musical adaptation of the popular children's story. After helping a mysterious stranger, their lives are changed forever when they are visited by magical elves.

*Robin Hood: The Musical* (Selected matinees April 17 to May 15) – The merry musical adventure about Robin Hood, the outlaw of Sherwood Forest, who does all the wrong things for all the right reasons. When Robin Hood's childhood sweetheart Maid Marian is forced to marry the evil Prince John, it's up to Robin to stop the marriage, defeat the mean sheriff and secure Nottingham.

*The True Story Of The 3 Little Pigs* (Selected matinees May 29 to June 19) – There are two sides to every story and when the Big, Bad Wolf takes the stand in Piggsylvania's Trial of the Century, his voice is finally heard. Will the pigs' splashy puppet show make a puppet out of justice or is the wolf's catchy song and dance about a sneeze gone wrong all razzle-dazzle?

Broadway Palm's annual Concert Series will feature five concerts. All evening concerts begin with dinner at 5:30 p.m. and concert at 7:30 p.m. All Sunday twilight concerts begin with dinner at 5:30 p.m. and concert at 7 p.m. The matinee concerts begin with lunch at 11:30 a.m. and concert at 1 p.m. All concert tickets are \$80 for dinner and the show or \$60 for the show only.

The concert series includes:

Piano Man: Generations (January 26: twilight and January 27: matinee and evening) – Two men, two pianos and the music of two legends: Billy Joel and Elton John. Celebrate the musical influences of these two piano men, brought to you by the amazing father and son duo Terry and Nick Davies. The classic hits include *New York State of Mind*, *The Piano Man*, *She's Got A Way*, *Your Song*, *Daniel*, *Rocket Man* and *Candle in The Wind*.

Dwight Icenhower's Tribute To The King (February 3: matinee and evening) – Back by popular demand is one of the best Elvis tributes in the country. Award-winning impersonator Dwight Icenhower has the look, the voice and the hip-swiveling dance moves of the King himself. Hear Elvis favorites such as *Heartbreak Hotel*, *Love Me Tender*, *Hound Dog* and so many more.

One of These Nights: A Tribute To The Eagles (February 23: twilight and February 24: matinee and evening) – *One of These Nights* reproduces the sounds of one of the most successful rock bands of all time, The Eagles. You'll experience an unforgettable night featuring the band's greatest hits including *Desperado*, *Lyin' Eyes*, *Take It Easy*, *Life In The Fast Lane*, *Already Gone*, *Hotel California* and more.

Not Fade Away: Buddy Holly (March 8: twilight and March 9: matinee and evening) – Celebrate the Winter Dance Party with this not-so-typical Buddy Holly tribute. Not only will you be twirling down memory lane to the unforgettable sounds of Buddy Holly, Ritchie Valens and The Big Bopper, but you'll also hear hits from Bill Haley, The Beach Boys, Roy Orbison, Jerry Lee Lewis, The Beatles and more.

December '63: The Tribute To The Jersey Boys (March 22: twilight and March 23: matinee and evening)

The music of Frankie Valli and The Four Seasons comes to life in this one-of-a-kind concert experience. Hear all your favorite classics along with the most popular singles from the Broadway-blockbuster *The Jersey Boys* such as *Sherry*, *Big Girls Don't Cry*, *Walk Like A Man* and *Candy Girl*.

Individual tickets for Broadway Palm's 27th season, the Off Broadway Palm's season, Broadway Palm's Children's Theatre and Broadway Palm's Concert Series went on sale June 1.

For tickets and more information, visit [www.broadwaypalm.com](http://www.broadwaypalm.com), call 278-4422 or stop by the box office at 1380 Colonial Boulevard in Fort Myers.✱

### EXPERIENCE: HUNDREDS OF SUCCESSFUL LANDSCAPES



300 Center Road, Fort Myers FL 33907

PHONE **239.939.9663** • FAX **239.939.8504**

**[www.NoLawn.com](http://www.NoLawn.com) • [www.AllNative.biz](http://www.AllNative.biz)**

OPEN DAILY: 9 to 5 Mon - Sat • 10 to 3 Sun



### OUR NURSERY FEATURES OVER 200 SPECIES OF NATIVE PLANTS ON SEVERAL ACRES

- Butterfly Gardens ■
- Wildlife/Bird Sanctuaries ■

*We also offer landscape design,  
consultation, installation and maintenance.*



## Florida Clerk Of The Year Award

Lee County Clerk Linda Doggett was awarded the Clerk of the Year Award by Florida Court Clerks and Comptrollers, the statewide governing body of the state's 68 elected clerks and comptrollers. The prestigious award was announced at the association's summer conference banquet last week in ChampionsGate, Fla.

Doggett received the award for her efforts to lead the development and maintenance of the association's technology strategic plan. She represents clerks on the Florida Supreme Court's Access to Justice Commission and led efforts to provide new do-it-yourself systems to Floridians seeking court services.

"It's an honor to be recognized by my colleagues for my efforts to enhance access to justice," Clerk Doggett said. "However, the true honor is being able to make a positive difference in the lives of the citizens of Lee County and the whole State of Florida."

Doggett's extensive education and experience in information systems and technology provides her a unique perspective of the future of our justice system. Since being first elected in 2012, she has elevated the Lee Clerk's office through her commitment to adopting new technologies designed to improve efficiencies and provide greater transparency and accessibility to citizens.

Doggett currently serves on the following state committees and boards:



Linda Doggett, right, receives the 2018-19 Clerk of the Year award from Florida Court Clerks and Comptrollers President and Palm Beach County Clerk Sharon Bock

photo provided

Commission member, Florida Commission on Access to Civil Justice Board of Directors, Florida Court Clerks and Comptrollers

Strategic Technology Committee, Florida Court Clerks and Comptrollers Performance Improvement & Efficiency Committee, Florida Clerks of Court Operations Corporation

Pro Se' Committee, Florida Court Clerks and Comptrollers

To learn more about Clerk Doggett or the Lee Clerk's office, visit [www.leeclerk.org](http://www.leeclerk.org).\*

## Health Officer Joins Special Olympics Board

Dave Cato, chief administrative officer of outpatient services for Lee Health, will join the Special Olympics Florida Board of Directors. Cato not only brings his highly respected leadership skills and strategic business knowledge, but also his extensive background as a health care professional. He has shared this knowledge through extensive community involvement, including as a volunteer clinical director with Special Olympics Florida.

"I'm humbled and honored to be asked to join the board of an organization that encourages inclusion and supports equal opportunities and access to health care for people with intellectual disabilities," Cato said. "Through this new role, I hope to bring awareness to the community about Special Olympics Florida and the significant impact it has on so many lives throughout the state."

In 2018, Cato was awarded the Golisano Health Leadership Award, Special Olympics' highest honor for health partners and health care professionals. He was recognized for his extraordinary efforts and dedication to improving the health of people with intellectual disabilities and advancing Special Olympics' movement and vision



Dave Cato

photo provided

towards inclusive health.

In his role with Lee Health, Cato oversees the strategic, operational and clinical direction for outpatient services and other post-acute and rehabilitation areas. Additionally, he serves on the leadership team of the Golisano Children's Hospital of Southwest Florida.

Cato is a graduate of the University of Florida and a long-standing member of the American Physical Therapy

continued on page 17

## Effortless Hurricane Protection for Your Home

### Take Advantage of the Benefits of Aluminum & Vinyl Impact Windows and Doors

- 99.9% UV Protection
- Noise Reduction
- 24/7 Security
- Energy Efficient

**PCT WinGuard®**

ALWAYS PROTECTING FAMILY

**REBATE**

NOW WE'RE OFFERING  
A GREAT DEAL:

**\$30**

BACK PER  
WINDOW\*

**\$100**

BACK PER  
DOOR\*

**NOW  
THROUGH  
JULY 19**

\*Restrictions Apply

**CALL TODAY  
FOR A FREE  
ESTIMATE**

*We Meet or Beat All Competitor's Written Estimates*



**239.267.5858**

[www.WindowsPlusLLC.com](http://www.WindowsPlusLLC.com)

[Office@WindowsPlusLLC.com](mailto:Office@WindowsPlusLLC.com)

**SCC131151273**

Visit Our Showroom at 10831 Sunset Plaza Circle #107 Fort Myers FL 33908



Will Power

## Serving As Trustee Versus Being A Beneficiary



by Craig R. Hersch, Florida Bar Board Certified Wills, Trusts & Estates Attorney; CPA

**W**hen you deal with your estate plan once every decade or so, it's easy to get lost in the vocabulary. This occurred to me the other day during a conversation with my client, Babs, who was upset that one of her daughters, Jeanette, was not listed in her documents as a successor trustee if Babs became incapacitated or died.

I was befuddled since Babs once told me how irresponsible Jeanette was. In fact, Babs said that she didn't want Jeanette to have any control over her bank or brokerage accounts. So I first confirmed with Babs that we were talking about the same

person.

"Well, yes," client answered. "I don't want Jeanette to control any of my money, at least while I'm alive."

"So why are you upset that she is not going to serve as your trustee?" I asked.

"Because I still want to treat all my children equally!"

This is where I explain that being a trustee is not an honor, nor does it bestow any more of a beneficial interest on the person acting as trustee. Instead, acting as a trustee is a job. It is laden with a lot of responsibility.

Whomever serves as your successor trustee must have the ability to interact with your financial advisor to determine what your asset mix should consist of. In fact, your trustee is held to the "prudent investor" standard under Florida law. Violating that standard could lead to a lawsuit where the other beneficiaries of the trust recover damages against the trustee.

If stocks or bonds need to be sold in order to have cash to pay for in-home nursing care or other convalescent care expenses, your trustee is the one who makes decisions which assets should be sold to do that. If you need to move out of your home for care, then the family member that you have named as your trustee will have to decide whether to have your finances continue to carry the expenses associated with owning the home or whether it would be prudent to sell it.

These are not easy decisions.

Your trustee will file your tax returns. He or she will interact with your CPA as well as your attorney when deciding legal matters associated with your estate. When you die, your trustee will have a fiduciary duty to your creditors, taxing authorities and the other beneficiaries. If your trustee violates these fiduciary duties, then he or she can be held liable, and have to pay an attorney out of their own pocket to defend the claims or to satisfy any judgments if they are deemed to have acted negligently.

Just because someone is a trustee does not mean that the amount they are entitled to as a beneficiary will change. If Suzy is a 25 percent beneficiary of the estate, she does not receive any additional beneficial interest when acting as the trustee.

She may get reimbursed for her out of pocket expenses associated with fulfilling her trustee duties, such as air fare, car rental, hotel expenses, overnight express charges and the like. She will also be entitled to take a trustee's fee for her time. The fee that she takes is usually well earned, and is taxed as ordinary income much like a CPA's or attorney's fees would be taxed to them as ordinary income.

Many family members graciously perform their duties without taking a fee. More often than not, his or her siblings will not appreciate it and expect the child you have selected to act as trustee to do it all for free even though the duties can be enormously burdensome.

It is therefore vitally important when naming a trustee that you select someone who will devote the requisite time and attention to these important matters, and will be comfortable interacting with your professionals. Someone who is confident, diligent and detail oriented makes for a fine trustee. They don't necessarily need any background in law, accounting or taxes. So long as they know how to interact with your team of professionals, it usually works out fine.

As you can see, it really isn't a matter of being "fair" to one child or another. I would go so far as to say that not only have you not bestowed an "honor" upon the family member that you select as your trustee, rather you have handed them a job. A big job, at that.

So don't worry about being equal. Select the family member who is the most likely to do the job right.

For more information on the duties of a successor trustee, visit [www.estateprograms.com/selectingyourtrustee](http://www.estateprograms.com/selectingyourtrustee) for a free guide.

©2019 Craig R. Hersch. Learn more at [www.sbshlaw.com](http://www.sbshlaw.com).✧

## 'Ding' Darling Photo Contest Opens Monday

**T**he 27th annual "Ding" Darling Day Amateur Nature Photography Contest will open on Monday, July 15. Deadline for submission is September 15 and all entries must be submitted electronically. This year, to celebrate the 75th anniversary of the refuge, cash award prizes increase to \$300 for first place, \$225 for second and \$175 for third.

The contest, sponsored by the "Ding" Darling Wildlife Society-Friends of the Refuge (DDWS), is held in conjunction with "Ding" Darling Day on October 20.

For an entry form and other contest information, visit [www.dingdarlingsociety.org/articles/photo-contests](http://www.dingdarlingsociety.org/articles/photo-contests). DDWS will announce winners and award prizes at "Ding" Darling Day.

In an effort to maintain its commitment to the environment, DDWS will no longer be accepting photo contest entries by mail. Entries must be delivered by email to [ddamateurphotocontest@gmail.com](mailto:ddamateurphotocontest@gmail.com) by September 15. For assistance, call 472-1100 ext. 4 or email [shois@dingdarlingsociety.org](mailto:shois@dingdarlingsociety.org). Entrants can pay by sending a check made out to the "Ding" Darling Wildlife Society (P.O. Box 565, Sanibel FL 33957) with a memo "for photo contest" or online at [www.dingdarlingsociety.org/](http://www.dingdarlingsociety.org/)



**First place went to Frank Brinker of Oberageri, Switzerland in 2018 for his great blue heron portrait titled *Shakin'***

photo provided

donation with a note in "gift comments" designating the donation as photo contest fees.

There is a \$25 per person entry fee that provides you with a membership to the society and is used to defray the cost of the contest. One fee covers two entries per person.

Only amateur (all ages) photographers are eligible to enter (may not possess a professional photographer

tax identification number for the sale of photographs).

Photos must be taken at JN "Ding" Darling National Wildlife Refuge and have been taken within two years of entry date.

Each person may enter up to two photos but is eligible to win only one award.

Each photo must be a jpeg file of at least 3,000 by 2,400 or four megabytes

(MB). Panoramic photos are not allowed.

Photos that have won awards in previous "Ding" Darling Wildlife Society photo contests may not be resubmitted.

Judging will be anonymous. Do not put your name or anything that will identify you on your photograph.

Judging criteria includes:

- 1) Technical excellence (sharpness, lighting, composition, exposure)
- 2) Originality/creativity
- 3) Interest
- 4) Ability to be reproduced for publication

Only limited image modifications are permitted. Minor manipulation should be used only to produce a more natural looking photograph. Cropping is allowed but adding any elements not existing in the original scene will not be accepted. Judges, at their discretion, will disqualify any photos that appear to be manipulated beyond these guidelines. All photo files will become the property of DDWS. Photos may be used by DDWS in any way with appropriate credit to the photographer.

First, second and third place winners and honorable mentions will be formally announced during the "Ding" Darling Day celebration held in October.

There are three judges: A refuge staff person, a professional photographer and a member of the Sanibel community.

To support DDWS and the refuge with a tax-deductible gift, visit [www.dingdarlingsociety.org](http://www.dingdarlingsociety.org) or contact Birgie Miller at 472-1100 ext. 4 or [director@dingdarlingsociety.org](mailto:director@dingdarlingsociety.org).✧



## Book Review

# The Other Americans



by Di Saggau

**T**he Other Americans begins with a Moroccan immigrant named Driss Guerraoui being struck by a car while leaving his diner one evening, located near California's

Mojave Desert. With nine alternating narrators, including Driss, Lalami weaves together the slain man's journey to America and the life he worked hard to build. Nora, Driss's American-born daughter, notes that her father had moved 6,000 miles for safety, only to find that he was not safe at all. After 9/11, his first business was burned down.

The story is told from the viewpoint of each character. Nora's grief is clear. The novel opens with, "My father was killed on a spring night four years ago, while I sat in the corner booth of a new bistro in Oakland. Whenever I think about that moment, these two contradictory images come to me: my father struggling for breath on the cracked asphalt, and me drinking champagne with my roommate, Margo." Other narrators follow, among them, Jeremy, an old school friend of Nora's and an Iraq War veteran; Efrain, an undocumented Mexican immigrant who witnessed the hit and run; Maryam, Driss's wife who still pines after her life in the old country; and Coleman, the black woman detective working Driss's case who is slowly discovering her son's secrets.

*The Other Americans* is a powerful novel, a murder mystery and a love story involving characters who are deeply divided by race, religion and class. As their stories are told,

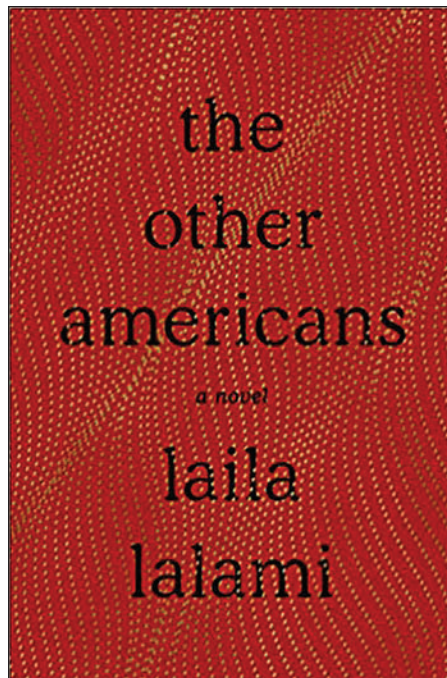


image provided

connections among them come forth, even as Driss's family confronts their secrets. This results in a town facing its hypocrisies. Lalami questions the feasibility of any centralized American identity. None of the narrators quite measure up to the expectations they feel their country has of them. All the characters read like people. They are funny, cantankerous and they keep secrets from one another and also from themselves. The book provides an image of how easily the "American Dream" of some immigrants is taken away by people who think differently about what makes an American.

Lalami was a Pulitzer Prize finalist for her book *The Moor's Account*. You will find her prose to be incisive and lived-in, like it was learned from decades of listening in on private conversations. She writes about love's dangerous power, the ties between resentment and privilege. *The Other Americans* is about hate, but also about believing in people. I highly recommend it.✱

## School Smart



by Shelley M. Gregg, NCSP

**D**ear Readers, This column was published last year but has such valuable information that I wanted to share it again. It's about the

importance of physical play and how this play can help develop physical, intellectual and social growth. Needless to say, a typical playground provides lots of opportunities for great fun as well. Below is some information about play and the developmental process.

Swinging, a basic playground activity, is one of the very best activities for children's development in many areas. It

helps with balance and teaches them to know where their body is in space which is important for successful vestibular development. It also provides practice with fine motor skills like gripping the chain, gross motor skills such as pumping their legs to swing higher and coordination. Swinging helps the brain to figure out speed and direction.

Climbing playground equipment and even climbing trees can help with children's motor planning and flexible thinking (to think about something in a new way). In order to climb, children need to build an awareness of where their body parts are and what they can do with them. Climbing helps them understand and experience spatial directions like up, down, left and right. Climbing also encourages problem solving and predicting what's going to happen. For example, your child may wonder, "Where should my right foot go next? How will I get down from the top?" This kind of problem solving can help on the

playground and in the classroom.

Playing on overhead equipment, like monkey bars, helps children develop both fine and gross motor skills. Practicing small movements like gripping the bar as well as big movements such as swinging from one bar to the next, develop strength, balance and practice coordination.

Free play from organized games to just running around with other kids is great. Free play helps children learn to communicate with other kids and practice conversation and vocabulary. Playgrounds can teach children how to follow and change rules, share and take turns. Social interactions on the playground can help children learn and practice social cues like body language and tone of voice.

No matter the game – kickball, tetherball, or activity like swinging, climbing or just free play – a great deal of children's development occurs through play. As children figure out how to hold on to and climb playground equipment, manipulate, throw or kick a ball, they are practicing very important fine and gross motor and coordination skills. As they develop strategies about play, where to put their feet next or whether it's time to run to the next base, they're working on critical thinking and problem solving. Learning through playing is a great way to help your child develop. Have fun at the playground this summer.

*Shelley Gregg is adjunct faculty at Florida SouthWestern State College, where she teaches psychology and education courses. She is also a nationally certified school psychologist*

and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to [smgreggs@gmail.com](mailto:smgreggs@gmail.com). Not all questions submitted can be addressed through this publication.✱

## Overeaters Anonymous

**I**f food is a problem for you, Overeaters Anonymous can help. Meetings are held in Room 130 at Sanibel Community Church on Tuesdays from 5 to 6 p.m. and on Fridays at 4 p.m.

For more meeting information, visit [www.southwestfla.org](http://www.southwestfla.org).

Sanibel Community Church is located at 1740 Periwinkle Way.✱

From page 15

## Olympics Board

Association and the Florida Physical Therapy Association. For the past six years, he has served as a clinical director for Special Olympics Florida, overseeing Fun Fitness which provides physical therapy examinations for persons with intellectual and developmental disabilities at local, regional and state Special Olympics Florida events.

Visit [www.specialolympicsflorida.org](http://www.specialolympicsflorida.org) and follow the organization on Instagram, Facebook and Twitter to learn more about Special Olympics Florida.✱

# EPIC FIRES OF FORT MYERS

*How a Series of Early Fires Influenced the Town's Development*

**THOMAS P. HALL**  
ROBIN C. TUTHILL, EDITOR

**Available at**  
[www.Amazon.com](http://www.Amazon.com)  
[www.OutSkirtsPress.com](http://www.OutSkirtsPress.com)

*"More than a meticulously researched chronicle of the disasters that shaped Fort Myers, this book details the historical moment of each blaze, creating a rich portrait of a community forged and tempered by fire. A must-read for anyone interested in area history, with riches for newcomers and experts alike." - Amy Bennett Williams*



## School District Retirees Honored At Reception

The School District of Lee County was recently able to honor many long-time employees during a recent retirement reception at the Edison Restaurant. It was a chance to reminisce and say thank you as dozens began their journey into retirement.

"I've had the pleasure of working with you and working for you," Superintendent Dr. Greg Adkins told the retirees. "Thank you from the bottom of my heart."

There was also a special message from School Board Chair Gwynetta Gittens, who reminded all the employees that their legacy can never be erased from the district.

Two lucky retirees won \$500 gift certificates from the reception's Gold Sponsor, JM Todd Inc. and Jason & Todd at the Diamond District.✱



Superintendent Dr. Greg Adkins with Viola Torres photo provided

### Financial Focus

## Smart Financial Moves For Gig Economy Workers

by Jennifer Basey



Not that long ago, most people worked for some type of an organization, such as a business or the government or a school district. But today, more and more workers are

going their own way and joining what's known as the "gig" economy. If you will be one of them, you'll want to make the right moves to advance your financial goals in what can be a challenging work environment.

But first, you may find some comfort in knowing the prevalence of gig work. About 36 percent of U.S. workers are now gig workers, according to a study from the Gallup organization, which defines the gig economy as one made up of a variety of arrangements – independent contractors, online platform workers, contract workers, on-call workers, temporary workers and freelancers. People join the gig economy for many reasons, but most of them, like you, could benefit by considering these actions:

Establish your own retirement plan – When you're a full-time employee, your employer may offer a 401(k) or similar retirement plan. But as a gig worker, you need to save for your own retirement. Fortunately, you've got a lot of attractive options. Depending on your circumstances, you might be able to open a SEP-IRA or even a "solo" or "owner-only" 401(k), which offers many of the same features of an employer-sponsored 401(k). Both of these plans allows you to make pre-tax contributions, which can

lower your taxable income. Plus, your earnings can grow on a tax-deferred basis. (Keep in mind that taxes will be due upon withdrawal, and any withdrawals you make before you turn age 59½ may be subject to a 10 percent IRS penalty.)

Create an emergency fund – Working in the gig economy can bring rewards and risks. And one of those risks is unpredictable – and often uneven – cash flow. This can be a cause for concern during times when you face a large unexpected expense, such as a major car repair or medical bill. To avoid dipping into your long-term investments to pay for these costs, you should establish an emergency fund containing at least six months' worth of living expenses, with the money kept in a liquid, low-risk account.

Address your protection needs – Many companies provide some life insurance as a benefit to their employees, though the coverage is often inadequate. But, as is the case with your retirement plan, you will need to meet your own protection needs if you work in the gig economy. In addition to purchasing enough life insurance to protect your family, you also may want to consider disability insurance. A financial professional can help you determine what types of coverage, and how much, you require.

Keep track of your expenses – If you do your gig work out of your home, you may be able to deduct some of your expenses – phone lines, utilities, Internet, newspapers, equipment, mileage and so on – from your taxes. Consequently, you will need to track all these costs. And you will need to consult with your tax advisor on what can, and can't, be claimed as a business necessity.

These aren't the only moves you may need to make as a gig worker – but they can help provide you with a steady path in a world in which you can't always tell what lies around the corner.

*This article was written by Edward Jones for use by your local Edward Jones financial advisor. Jennifer Basey is a financial advisor in Fort Myers. She can be reached at [jennifer.basey@edwardjones.com](mailto:jennifer.basey@edwardjones.com).✱*

### Superior Interiors

## Decor Tips For Outdoor Gathering

by Trinetta Nelson



As our weather stays consistently warm and sunny, you'll be inclined to spend your days outdoors rather than cooped up inside. What better time to start planning

your summertime get-together? Take advantage of the spacious, natural party venue that is your backyard and round up your closest friends and family members for a relaxing day in the sun.

But you can't just send out the invitations and pretend you're party-ready. If your patio hasn't accommodated guests in months, you need to give it some TLC before the big get-together.

Maximize your seating arrangement. The last mistake you want to make is having limited chairs available, leaving some of your guests standing for most of the party. To ensure this doesn't happen, plan to have ample seating to accommodate everyone. Get a headcount from the RSVPs and have even more chairs available, just in case a few guests show up unannounced.

A large patio table – or two – for dining isn't a bad idea if you're serving food. Otherwise, take advantage of benches and chairs with cushions and spread them throughout the yard. You may even consider laying out a few picnic blankets for guests who want to sit in the grass and soak up the sun.

If you plan to extend the party past

daylight hours, you need to consider your current lighting arrangement. Don't just make sure the party area is lit – try to set the mood and create an unforgettable atmosphere out of the lights, suggests HGTV. String lights and lanterns make gorgeous functional decorations. Candles can also help you develop a relaxing vibe with little effort.

You're throwing a party outside because you love spending time in the great outdoors. Why not show your appreciation for nature by going a step further and emphasizing the surrounding greenery? Before the party, take some time to tend the garden, plant a few of your favorite flowers and place potted bushes and trees throughout the patio. Can you think of a better opportunity to welcome guests with open arms? This is a great way to get them excited about the event, encouraging everyone to spend more time in the fresh air – and perhaps to come back to your home for party round two.

Regardless of the size of your guest list, you'll likely have more people on your patio than you're used to. As you rearrange your accent decor, keep the space in mind and remember to place pieces in a way that encourages a steady traffic flow. This offers an opportunity to display decor that's equally stylish and functional. A lengthy, outdoor area rug can help guide your visitors to the backyard, while a path of potted plants can lead guests right to the sitting area.

No matter how quickly your outdoor party is approaching, you should get in touch with a design professional for help. He or she will evaluate your backyard and patio space. From there, your design consultant will offer insight based on these ideas and help you prepare for the get-together in no time.

*Trinetta Nelson is an interior designer on Sanibel/Captiva Islands and can be reached at [linda@coindecaden.com](mailto:linda@coindecaden.com).✱*

## Tai Chi Workshops Help Seniors With Falls And Arthritis

The Area Agency on Aging for Southwest Florida (AAASWFL) is offering a free health and wellness program, Tai Chi for Arthritis and Falls Prevention, in the community room at Hope Hospice at 2430 Diplomat Parkway East in Cape Coral. The eight-week workshop starts Thursday, August 1 and continues twice weekly through October 1.

Tai Chi for Arthritis and Falls Prevention is designed to help older adults manage arthritis pain and stiffness and improve balance and movement. Class size is limited and advance registration is required. Workshops will be presented on Tuesday and Thursday afternoons from 3:30 p.m. to 4:30 p.m.

Falls are the leading cause of fatal injuries among seniors. According to the U.S. Centers for Disease Control, one in four seniors fall each year. High fall

rates among older adults are the result of physiological changes, including a loss of balance, muscle strength and stability issues. Data from the Florida Department of Health indicates that falls accounted for 2.6 percent of senior deaths in Southwest Florida in 2016.

"A lot of older adults are afraid of falling and begin to limit their activity because of that fear," said Sherry Young, health and wellness coordinator at AAASWFL. "Less activity leads to less independence and, in many cases, poorer physical health. Our health and wellness workshops help restore confidence and independence for seniors."

Tai Chi for Arthritis and Falls Prevention is a basic beginner falls prevention workshop consisting of 12 Tai Chi movements. Funding for Tai Chi for Arthritis and Falls Prevention is provided through the Older Americans Act title III-D and administrated through the Florida Department of Elder Affairs.

For more information or to register for the eight-week Tai Chi for Arthritis and Falls Prevention workshop, call Sherry Young at 866-413-5337 or email [sherry.young@aaaswfl.org](mailto:sherry.young@aaaswfl.org).✱



## Local Firm Adds Marketing Coordinator

CONRIC PR & Marketing recently hired marketing coordinator Katie Kupser.

"Hiring the right people to join our team is important to our clients' and company's continued success," said CONRIC PR & Marketing President and Chief Marketing Officer Connie Ramos-Williams. "Kupser's experience, skills and positive attitude, combined with the fact that she is an FGCU alumna with a love for the community and passion for helping businesses succeed, made her a perfect fit for our CONRIC culture."

Kupser will play a multifaceted role, handling project and account management, business development, and strategic marketing. She'll communicate regularly with clients to ensure CONRIC's service continues to meet and exceed their expectations.

"The work we do is based on collaboration," Kupser said. "It's about relationships, being genuine and caring for people as individuals. I look forward to having face-to-face conversations with our clients about their goals and working together to accomplish them."

The longtime Southwest Florida resident graduated from Florida Gulf Coast University with a bachelor of arts in communication, with a concentration in public relations and minors in advertising and marketing. Kupser previously worked at Pearl Brands in Fort Myers and was a marketing intern at Azul Cosmetic Surgery and Medical Spa. She also interned at CONRIC during her time



Katie Kupser

photo provided

in college, developing an affection for the company's clients and way of doing business.

"There's a level of support and familiarity with the people at CONRIC that lifts me up and encourages me to put my best foot forward each and every day," Kupser said. "There's a strong focus on growth, and that applies to both staff and clients."

Kupser also previously served as public relations and media director for the Jesse M. Woodyard Committee, which honors the life of a late former FGCU student. She worked to organize and execute the Fallen Eagle Redfish Classic, the largest annual fishing tournament in Southwest Florida, which raises funds for a scholarship in Woodyard's name.

For more information, visit [www.conricpr.com](http://www.conricpr.com).✱

## Foundation Hires Impact Manager

The Southwest Florida Community Foundation recently welcomed Katie Leone as Impact and Sustainability Manager.

In her new position, Leone will work on the social innovation and sustainability (SIS) team where she will support the development, execution, measurement and reporting of sustainability initiatives including sustainability initiatives for the FutureMakers Coalition.

Leone's work will center on making complex issues understandable and actionable to assist the foundation and regional partners in improving the quality of life in the region.

Prior to joining the foundation's staff, Leone was the sustainability manager at Florida Gulf Coast University where she worked across institutional units to bridge educational and operational sustainability goals.

Leone was born and raised in Youngstown, Ohio and earned her undergraduate degrees in studio art and Italian studies from Miami University. She has spent time living abroad, teaching and traveling. Experiencing



Katie Leone

photo provided

how various communities practice sustainability inspired her to earn a master's from Chatham University's Falk School of Sustainability. During her graduate program, she completed a Climate Fellowship at the University of New Hampshire Sustainability Institute and attained her Permaculture Design Certificate.✱

S. ALBERT D. HANSER  
FOUNDER AND CHAIRMAN

# ONE MISSION

350 Families  
6 Florida Locations  
\$2 Billion Assets  
under Management



Protect your personal balance sheet  
with a Family Office approach  
to Wealth Management.

Discover the difference.

TRUST & ESTATE SERVICES | INVESTMENT MANAGEMENT

THE  
SANIBEL  CAPTIVA  
TRUST COMPANY  
PRIVATE WEALTH MANAGEMENT

2460 Palm Ridge Road | Sanibel, FL 33957  
239.472.8300 | [sancaptrustco.com](http://sancaptrustco.com)

NOT FDIC INSURED | NOT GUARANTEED | MAY LOSE VALUE





I'm going into my third month writing this column, and this is the second time I've featured women's sports. I'd say U.S. women athletes are definitely on the rise, as the U.S. National

There's no question the U.S. team was the favorite in this competition to win and retain the championship. That doesn't give them the title, but in fact gave them more pressure. Since they were expected to win, they had more scrutiny than any other team. And they came up big every time. In the quarterfinals, they faced the French national team in France. In the semifinals, they played a good England team. And in the championship, they engaged a Netherlands team that won the European Championship in 2017 and played so well that the U.S. didn't score until the second half.

us, as we live,” Rapinoe told reporters afterward. Team members are vocal advocates for the LGBTQ community, for equal pay and equal treatment. They sued their own federation for gender bias while playing the tournament. Yes, the individuals on the team are tremendous athletes and a tremendous team. They have written that chapter in history. How they will have lasting impact on gender and social issues only time will tell.

Coco is currently ranked 313th in the world, but I'm sure that won't be for long if she continues to grow and play the way she has shown at Wimbledon. The only previous 15-year old women to play there was American Jennifer Capriati. She went on to becoming a number one No. 1 player. For Coco, the fairy tale may have ended for now but the future is bright for her.

and the Women's World Cup Finals across streaming platforms pulled in an average minute audience of 289,000 viewers. That's a triple digit rise of 402 percent over the 2015 WWC Final and now the most-streamed FIFA Women's World Cup Final ever. The glass ceiling for women in sports may finally be starting to crack in a way that gives them the same attention, coverage and interest as men's sports.

# Swings For The Sox Golf Tournament

The tournament will take place at the Tiburón Golf Club located at 2620 Tiburón Drive in Naples.

A scramble format with prizes for the longest drive, putting, closest to the pin and more will begin at 8:30 a.m. after registration at 7:15 a.m. A continental breakfast will be included as well as a buffet lunch.

All proceeds from this year's tournament will benefit the Lee County Red Sox Scholarship program. Each year, the Red Sox Foundation awards a \$5,000 college scholarship to one deserving student from each of the 13 public high schools in Lee County.

Last year's tournament raised more than \$80,000. In the past six years, \$330,000 has been awarded to local nonprofits and scholarships from tournament proceeds.

Tournament sponsorships are available from \$150 to \$5,000. Foursome player packages begin at \$1,000.

All supporters of the Red Sox Foundation will be able to participate in an online silent auction where they can bid on one-of-a-kind auction items and other unique experiences. More details on the online silent auction will be forthcoming.

Raffle and silent auction items that can be used to aid in raising money for the Red Sox Foundation's scholarship fund and additional funds for those in need throughout Southwest Florida are also being accepted.

The Red Sox Foundation is a 501(c)3 nonprofit organization and the official team charity of the Boston Red Sox. The foundation's primary focus locally is in serving the health, education, recreation and social service needs of children and families across Southwest Florida.

# Free Workshop On Shoulder Pain

**D**o you or a family member suffer from shoulder pain at night, while reaching overhead, carrying, lifting or even driving?

Physical Therapy and Balance Centers will host a free Informational Rotator Cuff Workshop on Tuesday, July 16 at 11 a.m. Seating is limited and RSVP is required.

The learning objectives involve the three most common causes of shoulder and rotator cuff pain, how to avoid pain while exercising, what is normal shoulder motion, treatment options and success rate and the biggest mistakes made managing shoulder pain.

Learn more about successful treatment and permanent relief using natural methods without side effects of medications.



**\$10 OFF**  
full 18-hole  
rate with ad  
Cannot be combined  
with other offers.



**20%  
discount  
available  
for Active  
Military**

## Family Owned and Operated

*What our guests are saying...*

“Fantastic Transformation” Trip Advisor 10/5/18

“Fabulous Island Golf” Trip Advisor - 11/11/18

“Beautiful course and staff is excellent” Google Review 2018

**Visit our Golf Shop for unique gift items and golf apparel**

*Annual Memberships, Senior Memberships, Monthly Memberships,  
Weekly passes, Ten round packages, and Rental Clubs available*

**1100 Par View Drive • Sanibel Island • (239) 472.2626**  
**[www.SanibelIslandGC.com](http://www.SanibelIslandGC.com)**

## SPORTS QUIZ

1. In 2018, Texas' Adrian Beltre became the all-time major league leader in hits by a Latin American-born player. Who had held the mark?
2. Who were the last pair of Philadelphia Phillies before Maikel Franco and Aaron Altherr in 2018 to each hit a grand slam in the same game?
3. How many times have the Kansas City Chiefs won three consecutive AFC West titles?
4. Entering 2019, the University of Miami's (Fla.) men's basketball program has had five players who were chosen in the first round of the NBA Draft. Name three of them.
5. How many consecutive seasons have the Pittsburgh Penguins reached the NHL playoffs?
6. In 2019, Gregg Berhalter became the first coach of the U.S. men's soccer team to also have played for the team in a World Cup. When was that?
7. When was the last time before 2019 (Country House) that the winning horse of the Kentucky Derby had odds of winning as being at least 65-1?

## ANSWERS

1. Rod Carew, with 3,053 hits. 2. Ryan Howard and Raul Ibanez, in 2009. 3. Once (2016-18). 4. Rick Barry (1965), Tim James ('99), John Salmons (2002), Shane Larkin ('13) and Lonnie Walker ('18). 5. Thirteen consecutive seasons. 6. He played in the 2002 World Cup. 7. It was 1913, when Donerail had odds of 91-1.



## Law Students Gain Training On The Job

Four law students – John Marra, Alessandro Secino, Daumantas Venckus-Cucchiara and Iman Zekri – have joined Henderson, Franklin, Starnes & Holt, PA. They will supplement their law school experience by working as clerks at the firm during the summer.

As part of Henderson Franklin's Summer Associate Program, they will be exposed to a broad range of practice areas and will attend hearings, trials, depositions, mediations, arbitrations and meetings with clients. They will also perform research, assist in the drafting of pleadings, discovery and analyze various legal issues. Each summer associate is paired with a Henderson Franklin attorney mentor who assists the summer associate with the transition from law student to lawyer.

Marra is a Florida native. He grew up in Palm Beach Gardens with seven siblings, graduating from Palm Beach Gardens High School in 2012. He obtained his undergraduate degree from Florida State University and will be entering his final year at Stetson University College of Law. When not working, Marra enjoys sports, basketball, football, karaoke and spending time with his German shepherd/rottweiler mix dog named Biscuit.

Secino grew up outside of Boston, Massachusetts. He graduated from Worcester Academy in 2013, obtained his undergraduate degree from Rhodes



From left, John Marra, Alessandro Secino, Daumantas Venckus-Cucchiara and Iman Zekri

photo provided

College in Memphis, Tennessee and is currently attending Florida State University College of Law. In his spare time, he enjoys fishing and spending time with his Bedlington terrier named Remy.

Venckus-Cucchiara grew up in Klaipeda, Lithuania and Weston, Florida. He attended University of Iowa for his bachelor of science degree in human physiology/pre-med and University of Akron for his MBA. Currently, he is entering his third year at Florida State

University School of Law. Venckus-Cucchiara enjoys outdoor adventures and physical exercise including white water rafting, hiking and Olympic weightlifting. He hopes to complete his first ever Iron Man Triathlon on November 2 in Panama City.

Zekri is a Southwest Florida native and grew up in Lehigh Acres. She graduated from Riverdale High School in 2014, attended Florida SouthWestern State College and Florida Gulf Coast University

for her undergraduate degrees, and is currently at the University of Florida Levin College of Law. Zekri is fluent in Arabic (Tunisian dialect) and enjoys baking, photography, tennis and spending time with family.

Henderson Franklin is celebrating 95th anniversary of serving the legal needs and communities of Southwest Florida. For more information on the Summer Associate Program or Henderson Franklin, visit [www.henlaw.com](http://www.henlaw.com).✪

## Bank Hires Teller

Amy Goodman has joined Sanibel Captiva Community Bank as a teller and customer service representative at the Gateway branch location. She is responsible for assisting customers with personal and business banking transactions.

Goodman has more than 10 years of banking industry experience, working at several regional and national banking institutions. Additionally, she has held positions in the customer service and human resources fields. Originally from Missouri, Goodman relocated to Southwest Florida in 2015.

Founded in 2003, Sanibel Captiva Community Bank has two locations on Sanibel and five locations in Fort Myers. To learn more, visit [www.sancapbank.com](http://www.sancapbank.com).✪



Amy Goodman

photo provided

From page 9

## Tides Of Change

opportunities are now available for the nautical-themed event, including Anchorage sponsorships at \$10,000, Helmsman sponsorships at \$7,500, Compass sponsorships at \$5,000, Beacon table sponsors for \$1,500, and in-kind sponsorships for décor, media, printing and program and live auction package donations.

Ticket sales begin Monday, September 2. Admission is \$200 per person. Proceeds will benefit PACE Center for Girls, Lee County and its strength-based, gender-specific programs that guide PACE girls in finding their voice and achieving their potential.

MarineMax is located at 14030 McGregor Boulevard in Fort Myers. To purchase tickets, or to learn more about sponsorship opportunities, visit [www.pacecenter.org/locations/lee](http://www.pacecenter.org/locations/lee) or call 425-2366.✪

## Is your Estate Plan providing you COMFORT, CONFIDENCE & CLARITY?

For **FREE** online resources or a copy of one of our books, visit [estateprograms.com](http://estateprograms.com)



Craig R. Hersch

Florida Bar Board Certified Wills, Trusts & Estates Attorney, CPA  
"Will Power" Columnist, *The Island Sun*



SHEPPARD, BRETT, STEWART,  
HERSCH, KINSEY & HILL P.A.  
Attorneys at Law



9100 College Pointe Court  
Fort Myers, FL 33919  
Phone 239.425.9383  
Fax 239.334.3965

[www.sbslaw.com](http://www.sbslaw.com)



# Volunteers Assemble Hurricane Kits For Seniors



Florida Power & Light Company (FPL) and Community Cooperative volunteers pack hurricane kits for 350 homebound senior citizens in Fort Myers on June 17. The hurricane food kits include snacks, shelf-stable products and a storm preparedness guide, in an effort to help homebound seniors during the aftermath of a storm or other emergency. photos courtesy Armando Solares for FPL



FPL External Affairs Manager Charlotte Miller packs saltine crackers during an assembly of 350 hurricane food kits



From left, FPL External Affairs Manager Charlotte Miller, a volunteer and Community Cooperative Director of Development Stefanie Edwards



FPL volunteer Katia Saint-Preux and FPL External Affairs Manager Charlotte Miller bag walnuts and dried fruit during the assembly of 350 hurricane food kits



From left, FPL volunteer Laura Bayona, FPL External Affairs Manager Charlotte Miller and Community Cooperative Director of Development Stefanie Edwards deliver a hurricane food kit to a Fort Myers resident and chat with her a while



Beautifulife:

## Don't Blink



by Kay Casperson

**H**ow many times have you said, "I can't believe how time passes so quickly." Whether you are referring to your children growing up or you becoming older, it seems that we

continue to be amazed at how fast the years go by.

Just this past year, I have experienced a few unexpected deaths of friends, colleagues and acquaintances that all seem to be too young. I know that we will lose loved ones here and there from different unexpected reasons, but I seem to be experiencing this more just lately.

What I know for sure is that, the more we realize how short life is, and how it can be gone at any moment, the more we need to live each day to the fullest and strive to do everything that our heart is telling us to do. Now is the time, don't wait, don't blink, because it could be gone any second.

Our kids grow up too fast, we age too fast, life passes by so quickly, so what can you do to make it all count right now? What are the things that you can do to make the most out of every moment, while you have it? Here are some of my favorite suggestions:

Spend quality time listening and interacting with loved ones as much as you can. This will not only help create the best relationships but will ensure that your much needed positive impact will make lasting impressions and will build a lifetime of memories.

What are the things that are in your heart that you have not done yet? Whether it be in business, the arts, sports or travel, there are sure to be those dreams left that have not been

accomplished due to lack of time, money or other circumstances. My suggestion to you is to do everything you can to make them happen, sooner than later. Use your determination to find a way because now is the time.

Are you living where you want to be? What is stopping you from being there? You are in charge of your destiny and although you may be afraid to make a change or take the leap to be where your heart is tugging you, the truth is, time is short and you need to go toward happiness, peace and where you feel alive and fulfilled.

Who are you spending your time with and are they helping to keep your life fulfilled and moving in a positive direction? Or are you spending time with people that fill your life with their own sense of unfulfillment, negativity or pessimism? This is an important one, and we need to be very careful about letting people creep into our lives that soak up our energy, drain our enthusiasm and squash our dreams.

The most important thing to remember is that in the blink of an eye, your world can be different, a loved one can be gone, or even your health and situation can change. Take each and every moment of your life right now to evaluate where you are, where you want to be and who you want to be with. Make it happen and cherish every single minute along the way because, in the blink of an eye, the beautiful life that you have created can pass you by.

My affirmation for you this week is:

"I will continue to create the beautiful life that I want to have right now and will make the best out of each and every single moment along the way."

*Kay Casperson is a beauty and lifestyle expert, founder and CEO of Beautifulife by Kay Casperson. She owns resort spas on Sanibel and Captiva islands and manufactures beauty and lifestyle products sold across the country. To stay inspired, visit [www.kaycasperson.com](http://www.kaycasperson.com) or follow on social media @kaycasperson.✧*

## Got A Problem? Dr. Connie Is In



by Constance Clancy

**Q:** I would like for my 20-year-old son to get some counseling but he is afraid of the stigma. Is there anything I can say that could influence him in a direction to get help?

**A:** Unfortunately, there is still a great deal of shame and misunderstanding around mental health more so when it comes to the male population. As much as we don't want to admit it, yes, there is still a stigma around mental health in our country today.

While discussing one's mental health is difficult, it is necessary in order to feel cleansed on the inside and to receive the necessary guidance everyone needs. My

advice would be to discuss with your son that mental health is like physical health. If you have a physical need, you go to the doctor and get assistance. If you have a mental need, you go to the doctor and get guidance. When one reaches out and asks for help, it's a way to discover we all have mental challenges and the mind/body connection can help address both mental and physical challenges.

Men can be instrumental in setting positive examples for other men and boys in helping them understand this is just a part of life and help is there. It's a way to recover one's feelings of self-worth and confidence in all areas of life. Let your son know that he is not alone. The sessions are confidential, and he will not be judged.

He will be applauded for having the courage to step up to the plate and get the necessary guidance he needs.

*Constance Clancy, EdD, LMHC, LPC, NCC is a licensed mental health therapist, hypnotherapist, author and holistic stress management instructor. If you have a question, email Constance at [drconstanceclancy@gmail.com](mailto:drconstanceclancy@gmail.com) or visit [www.drconstanceclancy.com](http://www.drconstanceclancy.com).✧*

## Veterinarian Earns Certification



**Dr. Heather Barron, DVM, Dipl. ABVP (Avian), CertAqV, examines a northern gannet admitted to CROW's wildlife hospital**

photo provided

**T**he Clinic for the Rehabilitation of Wildlife (CROW) Medical and Research Director Dr. Heather Barron was recently certified as an aquatic veterinarian by the World Aquatic Veterinary Medical Association (WAVMA).

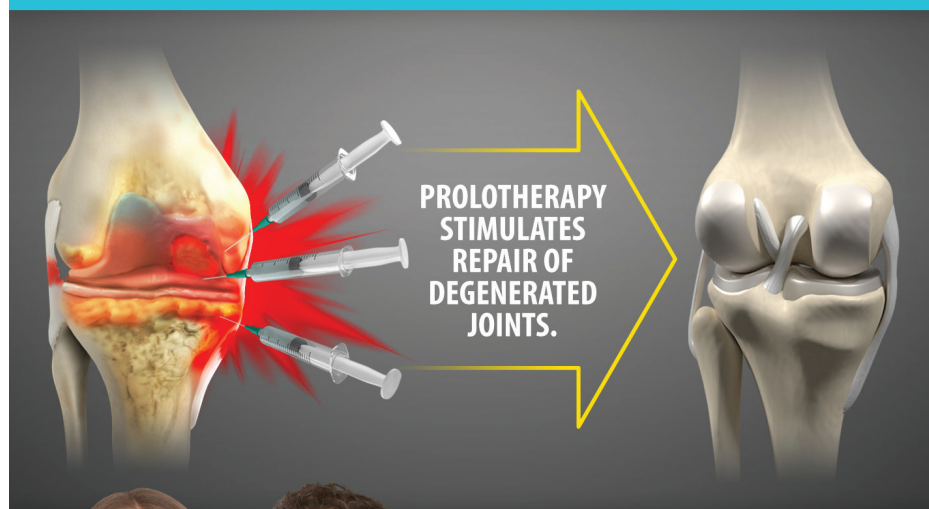
The program identifies nine core subject matter areas needed to practice aquatic veterinary medicine. Areas

of study include the diagnosis and treatment of diseases, husbandry, welfare, laws, and other areas pertinent to the health of aquatic animals such as marine or freshwater mammals, reptiles, birds, fish, amphibians and invertebrates. Veterinarians who have acquired the necessary knowledge, skills and experience from a variety of sources

continued on page 24

# GET CURED!

**PROLOTHERAPY CAN SAVE YOUR JOINTS!**



KATHERINE WORSNICK, MPAS, PA-C

ROSS HAUSER, MD

**239.308.4725**  
**CaringMedical.com**

Caring Medical Regenerative Medicine Clinics  
9738 Commerce Center Ct.  
Fort Myers, FL 33908



Doctor and Dietician

# Gluten-Free Paleo Lemon (Or Lime) Tart



by Ross Hauser, MD  
and Marion Hauser, MS, RD

I recently made this dessert for friends and it was a hit. Most of the time that I cook for a group, I have the fun challenge of cooking gluten-free as well as more of a paleo style. When it comes to desserts, I love experimenting with different styles of gluten-free crusts and sweeteners other than cane sugar. Give this refreshing lemon/lime tart a try.

- Crust
- 2 cups almond flour
- ¼ cup erythritol (monk fruit) or coconut sugar
- 1 teaspoon vanilla
- Pinch of sea salt
- ¼ cup coconut oil
- 1 egg

- Lemon (or lime curd)
- 3 eggs
- ¼ cup coconut oil (or butter)
- ¼ cup honey (or erythritol) (add more if you want it sweeter)
- ½ cup lemon juice (juice of 2 lemons)
- Zest of 2 lemons (or limes)
- Whipped coconut cream
- 1 can coconut cream, refrigerated
- 1 teaspoon vanilla
- 1 teaspoon coconut sugar or maple syrup

Mix the crust ingredients together. Press the mixture into a pie or tart plate lined with parchment paper. Bake at 350 degrees for 20 minutes, or until golden. For lemon/lime curd, whisk the eggs, coconut oil and honey. Mix in zest and juice. Place over low heat and continue to stir for about 4 to 5 minutes, until thickened. Pour into tart crust and leave out to cool. To make the coconut cream, scoop the hardened cream into a chilled bowl. Remove liquid and set aside for your morning coffee. Whip with chilled beaters, adding vanilla and sweetener until peaks form. Refrigerate and allow to thicken. Spread on top of cooled tart and garnish with lemon/lime slices or berries. Enjoy!

*This information is not intended to treat, cure or diagnose your condition. Caring Medical Regenerative Medicine Clinics has two locations: one in Oak Park, Illinois, and one in Fort Myers. It was established in 1991 by Ross Hauser, MD, and Marion Hauser, MS, RD. They can be reached at info@carvingmedical.com.\**

# Nursing Excellence Awards

For those who choose nursing, it is a vocation that requires a sincere dedication to patients, fellow nurses and other clinicians. To honor those who go above and beyond in this calling, Lee Health recognizes 19 nurses with its 2019 Commitment to Nursing Excellence Award.

The Commitment to Nursing Excellence Award recognizes registered nurses and licensed practical nurses who provide exceptional care, and who excel in practice, research, education and leadership. Nurses are nominated for this high honor starting during Nurses Week in May.

“Nurses are the main point of contact for many patients in their clinical care, providing compassionate treatment and support day in and day out,” said Lisa Sgarlata, DNP, MSN, MS, FACHE, chief patient care officer and chief nurse executive at Lee Health. “This award recognizes and celebrates those nurses who make a difference for our patients every day.”

The 2019 Commitment to Nursing Excellence Award winners are:  
Tasha Baer, BSN, RN, Gulf Coast Medical Center

- Maria Galfano, RN, BSN, The Rehabilitation Hospital
- Susan George, RN, BSN, CMSRN, Gulf Coast Medical Center
- Colleen Hinton, BSN, RN, CEN, Lee Health Coconut Point
- Marie Littrell, BSN, RN, Lee Physician Group
- Jessica Maguire, RN, CCRN, Lee Memorial Hospital
- Susan McBride, RN, Outpatient Surgery Center
- Charlene Oliveri, RN, MSN, COC-C, Home Health
- Marie Oslebo, BSN, RN, Lee Memorial Hospital
- Shirley Rimmer, LPN, HealthPark Care & Rehabilitation Center
- Tanairy Rivera, BSN, RN, Cape Coral Hospital
- Donna Seilberger, RN, Golisano Children’s Hospital of Southwest Florida
- Benjamin Sprosty, RN, CCRN, Lee Memorial Hospital
- Guy Thompson, BSN, RN, CCRN, HealthPark Medical Center
- Diane Tingelhoff, LPN, Lee Physician Group Patient Outreach
- Rachel Toa, RN, Golisano Children’s Hospital of Southwest Florida
- Empris White, BSN, RN, Lee Memorial Hospital
- Patricia Willson, BSN, RN, CCRN, Cape Coral Hospital
- Stephanie Zavala, ASN, BS, CNOR, HealthPark Medical Center\*

dearRPharmacist

# Protect Yourself With Fruit



by Suzy Cohen, RPh

Dear Readers:

Some people eat nothing but fruit. They are called fruitarians. While I do not advocate this diet for everyone, I do see the virtues in fruits. I highly recommend you include fruits in your diet. The primary reason is that they taste great, give you natural fiber and contain natural antioxidants and anti-inflammatory compounds. This will tamp down some of the pain cytokines that your body has run amok with. Here are some fruits of the season, and the primary reason I recommend them.

Apricots – Apricots are yellow-orange and the color comes from beta carotene which is a precursor to vitamin A. They also contain lutein and zeaxanthin. These are all useful for vision. Apricots have been studied for their beneficial role in fatty liver.

Pomegranates – These fruits contain compounds that naturally lower your blood pressure. If you drink more than say a shot glass per day, and you’re also taking blood pressure medications, your numbers may go too low. Pomegranate juice has another helpful effect on the body in that is a natural, mild blood thinner.

Fig Fruit – Figs are now being studied for their ability to help with diabetes, as well as hypertension. They are high in potassium (and low in sodium) which means they can reduce blood pressure. Figs contain abscisic acid, which has been studied for its ability to help with carbohydrate metabolism and blood sugar. This fruit extract is in GlucoScript Max.

Strawberries – Strawberries are red from the anthocyanins. These gorgeous

fruits contain ferulic acid and have been shown to have a remarkably high scavenging activity toward chemically generated radicals, thus making them effective in inhibiting oxidation of human LDLs

Blackberries – These contain antibacterial compounds that are thought to help with gum disease. They also contain lot of quercetin and ellagic acid which taken together act as very strong free-radical scavengers and protect your cells from DNA damage. This could be helpful if you have a history of cancer.

Grapefruits – This fruit can help with appetite suppression and may be useful as an adjunctive to your weight loss program and exercise regimen. It can spark more production of cholecystokinin, which is a ‘stop sign’ for eating.

Grapefruit rind (and orange rind) contain a lot of naringen, a compound that causes a bitter taste in the fruit. This compound is the one that interacts with some antihistamines and statins. That said, naringen is also known for its cough-suppressant action, and ability to help out with asthma.

Apples – These could help reduce stroke, compliments of the high amount of quercetin.

This effect was even confirmed by a study published in the *European Journal of Clinical Nutrition*, which evaluated 9,208 men and women, concluding, “The intake of apples is related to a decreased risk of thrombotic stroke.”

Raspberries – The fruit itself contains vitamin C, quercetin and ellagic acid. These are all strong antioxidants and fight cancer and inflammation. The leaves of raspberries have been used to create commercial teas which are widely available. The leaves contain fragarine, which is a strong inhibitor of uterine contractions. In other words, a cup of raspberry leaf tea can help with PMS.

*This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www.SuzyCohen.com.\**

From page 23

# Veterinarian

are recognized as Certified Aquatic Veterinarians. Currently, there are less than 100 veterinarians worldwide who have earned this distinction.

“I am honored to be recognized as an expert in the field of aquatic animal health,” said Barron. “We are very fortunate to live and work in a place where the health of aquatic wildlife has a high priority and hope this certification will help me better serve CROW and our community.”

Additionally, the certification enables CROW to continue and enhance partnerships with other organizations concerned with aquatic animal health such as the Sanibel-Captiva

Conservation Foundation, NOAA, Mote Marine Lab and Bailey-Matthews National Shell Museum.

“CROW routinely cares for many aquatic animals, including sea turtles, fresh water turtles, river otters, seabirds and others,” said CROW Executive Director Alison Charney Hussey. “Pursuing and maintaining certifications helps us contribute our expertise to the community while offering cutting edge medical care for our patients and delivering a high standard of education for our students and visitors.”

CROW is a teaching hospital saving the sick, injured and orphaned native and migratory wildlife of Southwest Florida and beyond. For more information, visit [www.crowclinic.org](http://www.crowclinic.org). If you find an animal that is in need of help, call 472-3644 ext. 222.\*



# PETS OF THE WEEK

photos provided

## Lee County Domestic Animal Services

### Crystal And Matilda

Hello, my name is Crystal. I bet you can guess where I got my name. These crystal blue eyes of course. I am a 4-year-old female Florida curr/catahoula mix who came to LCDAS with my sister who has already been adopted. Now I long for a family of my own. My ideal home is one with an active family that will take me on long walks. If you are a runner or like to go for hikes, I would be a great companion for you. And who wouldn't want to look in these eyes during water breaks?



Crystal ID# A784783

Mu adoption fee is \$30.

Much like my namesake, I have a strong sense of independence. Hi, my name is Matilda. I am a 1-year-old female domestic shorthair and my inquisitive nature and disarming personality are the perfect combination since the first can get me into

trouble and the second gets me out of it! I am a loveable gal that will be a great addition to any home that would enjoy my free-spirit!

My adoption fee is \$10.

Celebrate this Independence Day by allowing a new pet to enjoy the freedom of a forever home. Adoption fees will be reduced for the entire month of July. Adult dogs are just \$30 to adopt; cats are \$10; and kittens are \$20. In addition, cats and kittens are two-for-one; adopt one and take home a second feline friend at no additional charge.

*The shelter is open to the public Monday through Saturday at 5600 Banner Drive in Fort Myers. Adoptions are available 10:30 a.m. to 3:30 p.m. Monday through Saturday. For information, visit Lee County Domestic Animal Services at [www.leegov.com/animalservices](http://www.leegov.com/animalservices) or call 533-7387.\**



Matilda ID# A783475

## Haven on Earth Animal League

### Chester And Dallas



Chester

is \$100.

Hello, I'm Dallas. I'm only 3 months old and I'm looking for someone to love me forever. I'm a cute little black-and-white boy and I look like I'm wearing a hat. I'm neutered and up-to-date on vaccinations. I'm currently staying at Petsmart on Six Mile Cypress. Come see me and take me home. My adoption fee is \$125.

*We are being cared for by Haven on Earth Animal League. For more information, call Diane at 860-833-4472 or email [haveneearthanimalleague@yahoo.com](mailto:haveneearthanimalleague@yahoo.com).\**

## PAWS Of Sanibel

### Sweetie Pie

PAWS has a beautiful young mother cat up for adoption. Her name is Sweetie Pie and she is approximately one year old. She has had all her shots, was combotested negative, wormed, treated for fleas and had spay surgery.

All of her kittens have been adopted and now she is wandering around wondering where everyone went. If you would like to meet Sweetie Pie, call Pam at PAWS, 472-4823.\*



Sweetie Pie



Dallas

Hi, I'm Chester and I'm a sweet, quiet guy. I'm very good with other cats and only about 3 years old. I'm looking for a home to call my own. Come see me at Petco in Gulf Coast Town Center. I'm up-to-date on vaccines, neutered and have a microchip. My adoption fee



Emergency	911
Lee County Sheriff's Office	477-1200
Florida Marine Patrol	332-6966
Florida Highway Patrol	278-7100
Poison Control	1-800-282-3171
HealthPark Medical Center	1-800-936-5321
Ft. Myers Chamber of Commerce	332-3624
Foundation for Quality Childcare	425-2685
Fort Myers Beach Chamber of Commerce	454-7500
Fort Myers Beach Library	463-9691
Lakes Regional Library	533-4000
Lee County Chamber of Commerce	931-0931
Post Office	1-800-275-8777
Visitor & Convention Bureau	338-3500

## ARTS

Alliance for the Arts	939-2787
Arts For ACT Gallery & Studio	337-5050
Art League Of Fort Myers	275-3970
Barbara B. Mann Performing Arts Hall	481-4849
BIG ARTS	395-0900
Broadway Palm Dinner Theatre	278-4422
Cultural Park Theatre	772-5862
Edison Festival of Light	334-2999
Florida Repertory Theatre at the Arcade	332-4488
Florida West Arts	948-4427
Fort Myers Harmonica Band	610-653-7940
Fort Myers Symphonic Mastersingers	288-2535
Gulf Coast Symphony	489-1800
Harmony Chorus, Charles Sutter, Pres	481-8059
Naples Philharmonic	239-597-1111
The Schoolhouse Theater	472-6862
SW Florida Symphony	418-0996
Theatre Conspiracy	936-3239
Young Artists Awards	574-9321

## CLUBS & ORGANIZATIONS

American Legion Post #38	239-332-1853
Angel Flight	1-877-4AN-ANGEL
Animal Refuge Center	731-3535
American Business Women Association	357-6755
Audubon of SWFL	339-8046
Audubon Society	472-3156
Caloosahatchee Chapter DAR	482-1366
Caloosahatchee Folk Society	321-4620
Cape Chorale Barbershop Chorus	1-855-425-3631
Cape Coral Stamp Club	542-9153
duPont Company Retirees	454-1083
Edison Porcelain Artists	415-2484
Embroiderers Guild of America - Sea Grape Chapter	239-267-1990
FM UDC Chapter 2614 - United Daughters of the Confederacy	728-3743
Friendship Force Of SW FL	561-9164
Garden Club of Cape Coral	239-257-2654
Horticulture and Tea Society	472-8334
Horticultural Society	472-6940
Lee County Genealogical Society	549-9625
Lee Trust for Historic Preservation	939-7278
NARFE(National Active & Retired Federal Employees	482-6713
Navy Seabees Veterans of America	731-1901
Paradise Iowa Club of SWFL	667-1354
Sons of Confederate Veterans	332-2408
Southwest Florida Fencing Academy	939-1338
Southwest Florida Music Association	561-2118
Kiwanis Fort Myers Beach	765-4254 or 454-8090
Kiwanis Fort Myers Edison	694-1056
Kiwanis Fort Myers South	691-1405
Iona-McGregor	482-0869
Lions Club Fort Myers Beach	463-9738
Lions Club Fort Myers High Noon	466-4228
Lions Club Estero/South Fort Myers	898-1921
Notre Dame Club of Lee County	768-0417
Organ Transplant Recipients of SW Florida	247-3073
POLO Club of Lee County	477-4906
Rotary Club of Fort Myers	332-8158
Sanibel-Captiva Orchid Society	472-6940
United Way of Lee County	433-2000
United Way 211 Helpline (24 hour)	211 or 433-3900

## AREA ATTRACTIONS

Bailey-Matthews National Shell Museum	395-2233
Burrough's Home	337-9505
Calusa Nature Center & Planetarium	275-3435
Edison & Ford Winter Estates	334-7419
Fort Myers Skate Park	321-7558
Imaginarium Hands-On Museum & Aquarium	321-7420
JN "Ding" Darling National Wildlife Refuge	472-1100
Koreshan State Historic Site	239-992-0311
Langford Kingston Home	239-334-2550
Ostego Bay Foundation Marine Science Center	765-8101
Skatium	321-7510
Southwest Florida Historical Society	939-4044
Southwest Florida Museum of History	321-7430
True Tours	945-0405

To be listed in calling card email your information to: [press@riverweekly.com](mailto:press@riverweekly.com)



PUZZLES

Answers on page 29

Super Crossword IN RE

- ACROSS**

1 Theater districts

8 Friendly

15 See 44-Down

20 Based on logic, not fact

21 Retirement payment

22 Blossom part

23 Time when those people are most available?

25 Perk

26 Sweetie

27 Boggy area

28 Yoo- — (drink brand)

29 Detergent brand

31 Fighter of Frazier

32 Cain's eldest son

35 Film parts

38 Boston fish

39 Got the title

40 Class that's become stylish again?

43 Carpenter's intent gaze?

46 Gobbling bird

47 Martini liquor

48 Old Pontiac

49 Idling sort

52 "Old man"
- 53 Big show featuring female horses?

59 Part of the conspiracy

61 Court hearings

63 Flub it up

64 Child of the '60s or '70s

65 Ancient Greek physician

66 Flubs it up

67 Singing syllable

68 Jai — (court sport)

69 Planetary center's top and bottom?

74 Fillies' feed

75 Where you live: Abbr.

76 Sioux City citizen

77 Central church areas

78 Golf club VIP

79 Certain sib

80 Kebab stick

82 Not moving

83 Reserve tire produced in Andalusia's capital?

86 Gp. once led by Arafat

87 Rd. with a number
- DOWN**

1 Kind of

2 Galaxy rival

3 "Am too!" retort

4 Twice XXVI

5 Craggy peak

6 "Carmina Burana" composer

7 Filly's father

8 Chimp, e.g.

9 Net fabrics

10 Chant

11 "... old woman who lived in —"

12 Life, in brief

13 Uncouth sort

14 Fermi of physics

15 Leadfoot

16 — Luthor

17 Metropolis in Ontario

18 Pizzeria, e.g.

19 Stritch of "30 Rock"

24 Occur next

30 Full-size pickup model

33 Old PC part

34 Famed escape artist

36 Shout

37 Dips in pools

41 Suffix with bureau

42 Endorsed
- 44 With 15-Across, inclined

45 "Mazel —!"

47 Hair fixative

49 Settings for circus acts

50 Clueless

51 Associate of Stalin

53 Slight quarrel

54 More rash

55 Aired anew

56 Old flame

57 Most imminent

58 Port of eastern Italy

60 Suffix with 50-Down or 84-Down

61 Throw lightly

62 Aussie critter

66 "Silly" birds

67 Simeon I of Bulgaria, e.g.

68 Rent- —

70 Extract via a borehole, as oil

71 Hockey great

72 Ovine female

73 Buries

79 Moved like a snake

80 Garden shovel

81 Big jewelry brand

82 Felipe of baseball
- 84 Not in good health

85 Doe or sow

86 Highly toxic pollutant, for short

90 Sales agt.

91 Observers

92 U.K. TV network

93 Soundboard controls

94 Soul great

95 End result

96 Brought up

97 Daughter of Richard Nixon

98 Natives of Italy's capital

99 Common Jesuit school name

100 2006 action-fantasy film

101 Begins, as a task

105 "I'm at your disposal"

109 Hailed ride

112 Burkina —

113 Tree knot

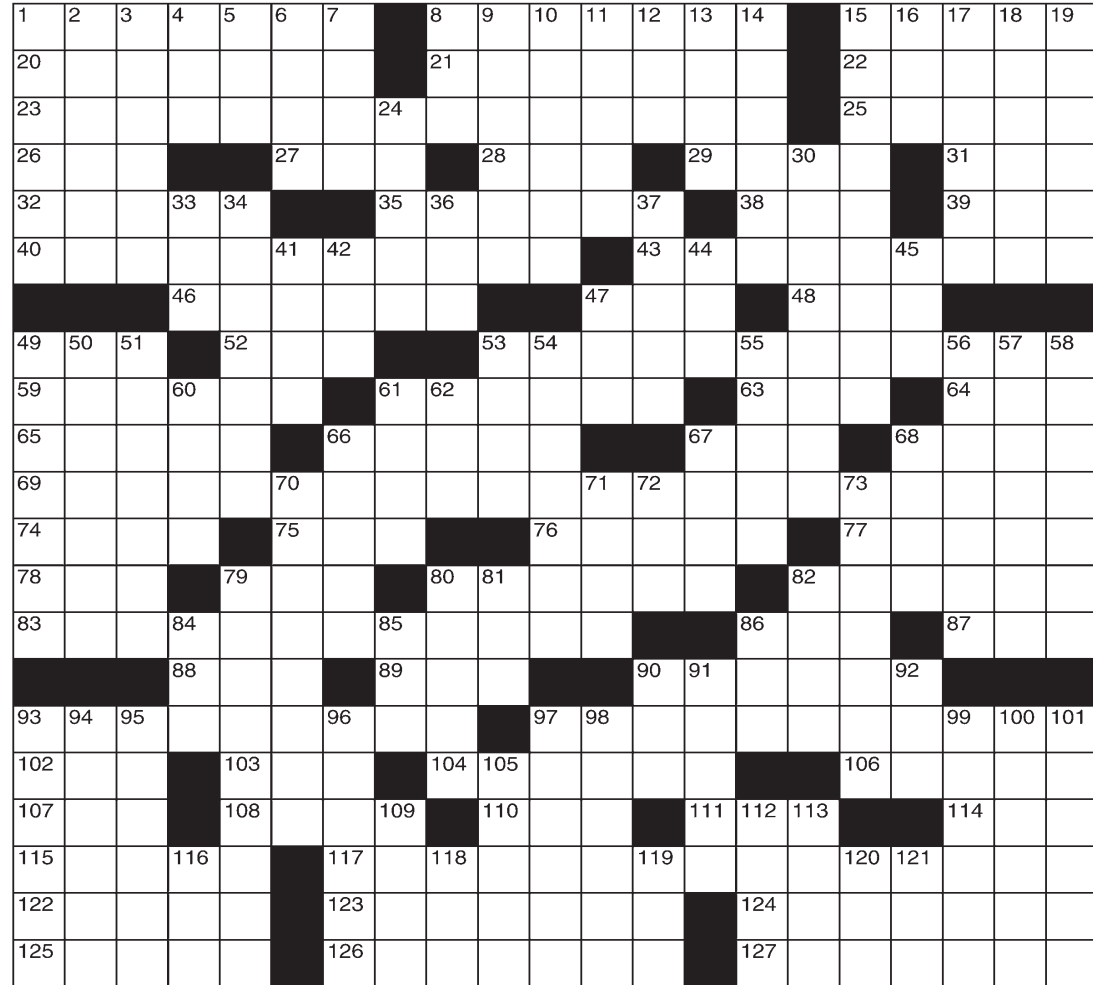
116 Tijuana-to-Phoenix dir.

118 Univ. dorm supervisors

119 Golfing peg

120 Anil or henna

121 First name among U.N. leaders



King Crossword

- ACROSS**

1 Advertised heavily

6 Bilateral

12 South Dakota's capital

13 Colored ring

14 On the briny

15 Funhouse item

16 Use a sponge

17 Author Wister

19 D.C. fig.

20 Long skirt

22 Obtain

24 Suitable

27 Cacophonies

29 — parmigiana

32 5-ball desktop toy

35 Exchange premium

36 Former veep

37 Vast expanse

38 San Francisco's — Hill

40 One of the Three Bears

42 Sort

44 The same, in a bibliography

46 Approaching

50 Elegantly groomed

52 "Shoo!"

54 Mammoth occasion?

55 Room to maneuver

56 Nun

57 Brilliance
- makeup

12 Manhandle

18 Endearing

21 Big bother

23 Mendes or Longoria

24 Literary collection

25 Cribbage

26 Longtime

28 Mix up

30 Hearty brew

31 Michele of "Glee"

33 As well
- 34 Sleep phenomenon

39 Spree

41 Broadway backer

42 Cow-headed goddess

43 Places

45 Antelope's playmate

47 "The Music Man" setting

48 Buzzing pest

49 Attention getter

51 Roscoe

53 Common Mkt., once

**MAGIC MAZE** ● **AMERICAN CHEESES**

F A X V S P N R L K I F P C A

X V S T Q O A L I J H G E P E

S S I W S D C A M X Y N P O V

T R P N D O L J B H B I P O F

D B R E T S N E U M L R E H Y

X V H F A R M E R T O T R C R

P C O M K E A I G V C S J A G

E D B Z L I E D E R K R A N Z

X W U E T R R L R Q E O C N L

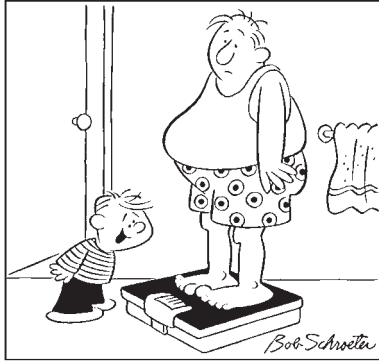
J I T G F D C K C I R B K C A

Y X W V T S R P O N L K J I G

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

Bergenost	Farmer	Muenster	String
Brick	Hoop	Nacho	Swiss
Cheddar	Liederkrantz	Pepper jack	Teleme
Colby	Limburger	Provel	





"Now I know what Mom means when she says  
you're the \_\_\_\_\_ Dad."  
answer on page 30

## SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Clench  
**SPRAG**

Highest  
**SMUTTO**

Smirk  
**PRIMES**

Pure  
**SCATHE**

**TODAY'S WORD**

	1				4			8
2	9			3			6	
		5	7			1		3
	6		9			2		
5					7		3	
4		9		8				7
1			3		2	4		
	7			4			1	
		4			9			2

## SUDOKU

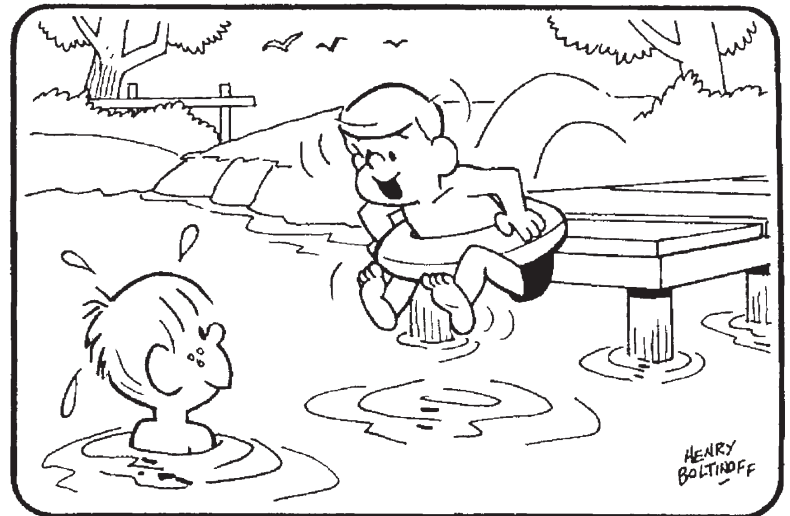
**To play Sudoku:**

Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

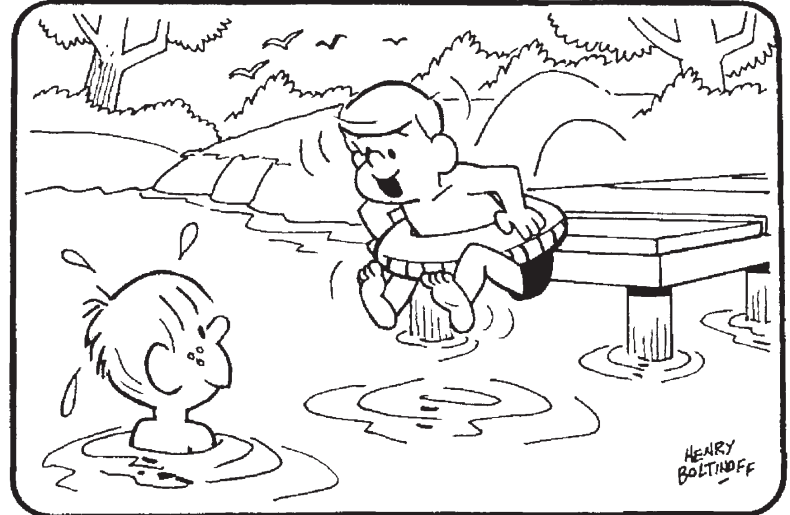
answer on page 29

## HOCUS-FOCUS

BY  
HENRY BOLTINOFF



**FIND AT LEAST SIX DIFFERENCES BETWEEN PANELS**



Differences: 1. Inner tube is different. 2. Fence is missing. 3. Bird has been added. 4. More bushes are on shore. 5. Tree is larger. 6. Boy's nose is larger.



### Watermelon and Pork Lettuce Wraps

- 3 cups watermelon, diced
- 1 orange, segmented
- 1 cucumber, diced
- 1 head lettuce (butter lettuce or romaine)
- 1 pork tenderloin
- 3-4 sprigs fresh rosemary or thyme
- 2 tablespoons all-purpose seasoning (your favorite)
- 1 lime, sliced
- 2 scallions, sliced thin
- Oil for cooking
- Sea salt and fresh ground pepper, to taste

Prepare watermelon, orange, and cucumber and store in refrigerator until ready to serve. Tear lettuce into serving size portions and store in refrigerator until ready to serve.

Preheat oven to 375 degrees. Preheat large sauté pan over medium-high heat with one tablespoon oil. Season pork with 1 tablespoon all-purpose seasoning,



### Watermelon and Pork Lettuce Wraps

salt and pepper. Place rosemary into pan and set pork over top. Sear pork on all sides, transfer to oven safe dish and finish cooking until an internal meat thermometer reaches 145 degrees.

Remove from oven, cover, and allow to rest for at least 10 minutes. Slice thin or dice small for lettuce wraps. Assemble by placing pork, watermelon, cucumber, and citrus segments into lettuce cup.

Sprinkle each with remaining all-purpose seasoning, squeeze fresh lime juice on top and garnish with scallions. Serve immediately.✱

photo courtesy Fresh From Florida



# PROFESSIONAL DIRECTORY

## FINANCIAL SERVICES

**THE RIGHT INVESTMENTS IN YOUR IRA CAN MAKE ALL THE DIFFERENCE.**

Jennifer L Basey  
Financial Advisor

To learn about the benefits of an Edward Jones IRA, call or visit today.

42 Barkley Circle, Suite 1  
Fort Myers, FL 33907  
239-931-4543

[www.edwardjones.com](http://www.edwardjones.com)

Member SIPC

**Edward Jones**  
MAKING SENSE OF INVESTING™

## TREE TRIMMING, ARBORIST

Arbor Specialist Since 1995

*"Tell A Friend"*

**TREE WEST**

• Tree Trimming • Tree Removal  
• Stump Grinding

**239-910-3256**

[info@treewestfl@gmail.com](mailto:info@treewestfl@gmail.com)  
[www.treewestflorida.com](http://www.treewestflorida.com)  
P.O. Box 564, Sanibel, FL 33957  
Licensed, insured, workers compensation

## REALTOR



**"When Only The Best Will Do!"**



**JOHN NAUMANN & ASSOCIATES**  
*real estate*  
Est. 1975  
[www.alanfisher.jnarealestate.com](http://www.alanfisher.jnarealestate.com)

**Alan B. Fisher**  
REALTOR®  
c - 504-919-2770  
[alan131@icloud.com](mailto:alan131@icloud.com)

1149 Periwinkle Way  
Sanibel, FL 33957  
o - 239-472-0176



Would you like to advertise your business card every week?

Call:

**239-395-1213**

## GENERAL CONTRACTOR

**D.BROWN**  
GENERAL CONTRACTORS LLC

CGC1517615

 **NEW CONSTRUCTION & REMODELS**

**239-593-1998** | [www.dbrowngc.com](http://www.dbrowngc.com)

## ELECTRICAL

**J.T.E. ELECTRIC**

SERVICE • RESIDENTIAL • COMMERCIAL • REMODEL

 **Brady J. Rees**  
Generator and Service Expert  
T | 239-368-9511  
C | 239-980-1596

**STANDBY POWER**  
Authorized Dealer  
Lee, Collier, Hendry, Charlotte, Sarasota Counties  
Lic.# EC-13002460

[generator@jteelectricinc.com](mailto:generator@jteelectricinc.com)  
204-B Waldo Avenue,  
Lehigh Acres, FL 33971

## CLEANING SERVICES





**Professional Cleaning Services**

Residential & Commercial  
Construction Clean Up  
Interior Windows  
Home Watch

**Jennifer Watson**  
(239) 810-6293  
[brightntidy@gmail.com](mailto:brightntidy@gmail.com)  
Licensed & Insured

**Advertise on our**  
**islandsunnews.com homepage.**

**For more information**  
**Call 395-1213**








From the Beaches to the River District downtown Fort Myers

The Island Sun and The River Weekly News are community newspapers, covering Sanibel and Captiva Islands, Fort Myers and Fort Myers Beach. Free copies are available at newsstands. For more information, call 239-395-1213.

July 5, 2019

Place Classified

## CONSTRUCTION/REMODELING

**COOPER**

CONSTRUCTION

Custom Homes & Remodeling Specialists  
*We can design, build and manage any endeavor you can dream up.*

**239.454.5699**  
[cooperconstruction@embarqmail.com](mailto:cooperconstruction@embarqmail.com)  
Kerry Cooper • An Island Business Since 1982 • License # CBC1255742

## HOME SERVICES

YARD SERVICE • TREE SERVICE • POOL SERVICE  
HOME WATCH • CLEANING SERVICE



**JUERGEN SCHREYER**  
OWNER

**ISLAND HOME SERVICE**  
P.O. Box 1050 • SANIBEL • FLORIDA 33957  
[WWW.ISLANDHOMESERVICE.COM](http://WWW.ISLANDHOMESERVICE.COM)  
[INFO@ISLANDHOMESERVICE.COM](mailto:INFO@ISLANDHOMESERVICE.COM)  
PHONE: (239) 472-5247 • CELL: (239) 229-6366

## My Stars ★★★★★ FOR WEEK OF JULY 15, 2019

**Aries** (March 21 to April 19) Your Aries leadership qualities can help bring order out of all that confusion, whether it's on the job or in the home. But be careful to guide, not goad, others into following you.

**Taurus** (April 20 to May 20) Applying a more personal view to a job-linked issue could help provide better insight into those persistent problems. Use your keen Taurean logic to cut through the double-talk.

**Gemini** (May 21 to June 20) Taking some time off could be the best way to get through that seemingly endless round of demands. You'll return refreshed and ready to tackle things from a new perspective.

**Cancer** (June 21 to July 22) Restoring a sagging professional relationship takes a lot of effort. By all means, state your position. But also make sure you pay close attention to the other person's point of view.

**Leo** (July 23 to August 22) A hot prospect intrigues the Big Cat, who is always on the prowl for a promising investment. But be careful that this "promise" has a chance of being kept. Check it out more carefully.

**Virgo** (August 23 to September 22) A friend could use some of your compassion and concern. If he or she doesn't ask for help, be sure you step up and make the first move. Also, check out a new career possibility.

**Libra** (September 23 to October 22) You might have difficulty getting your opinions heard because of all the noise being made by the other side. But hang in there. Others should line up with you once they learn the facts.

**Scorpio** (October 23 to November 21) Offering to help a colleague is commendable. But before you commit your time and effort, check to see if that person's situation is all that he or she has led you to believe it is.

**Sagittarius** (November 22 to December 21) You soon should be seeing positive results from your recent efforts on behalf of a family member. On another matter, check that you have all the facts regarding a job assignment.

**Capricorn** (December 22 to January 19) Your aspects favor closer family relationships this week. Take time for visits, whether in person, by phone, by mail or in cyberspace. Let them know how important they are to you.



1. Gibb 2. Washington state, at the most  
northwestern point of the contiguous United  
States 3. The Roman poet Juvenal 4. Eight  
5. *Anna Karenina*, Leo Tolstoy 6. Pocket  
monsters 7. Mexico's victory at the Battle of  
Puebla 8. Norway 9. Bakel (Spanish)  
10. *Bride of Frankenstein*.



# New Manatee And Sea Turtle Decals Available

The Florida Fish and Wildlife Conservation Commission (FWC), is unveiling its new 2019 manatee and sea turtle decals. These high-quality stickers, featuring original artwork, are a fun way for people to support the research, rescue and management efforts that conserve these species and spread the word about the challenges they face.

Every July, the FWC introduces new manatee and sea turtle decals that are available with a \$5 donation. The waterproof decals are designed to look good on a vehicle's bumper or the side of a boat, and they can also be found on laptops, water bottles and coolers throughout the state. Get yours when registering or re-registering a vehicle or boat at local tax collector's offices across the state.

"When someone purchases a manatee or sea turtle decal and displays it, they're not only contributing financially to conservation," said Carol Knox, who leads the FWC's Imperiled Species Management Section. "They're raising awareness about these species and specific issues they face. It's a simple way to make a difference for Florida



The pictured kayak has a "Warm Water Saves Manatees" sticker on its bow photo provided wildlife."

More than 6,000 manatees swim in the state's coastal waters, rivers and freshwater springs, and about 20,000 sea turtles nest each year on Florida's Atlantic and Gulf coast beaches. The decals help fund manatee and sea turtle conservation efforts. For example, when someone calls the FWC's Wildlife Alert Hotline at 888-404-3922 to report an injured, entangled or sick manatee or sea

turtle, FWC staff works with partners to respond and rescue the animal.

The decals also spotlight important conservation issues:

The "Warm Water Saves Manatees" decal shows several manatees gathering in a spring. Florida manatees require warm-water refuges to survive the winter months. Manatees cannot endure water temperatures below 68 degrees, so warm waters are critical for their survival.

The "Keep on Swimming" sea turtle decal shows a Kemp's ridley hatchling. Kemp's ridleys are the world's rarest sea turtle. They rarely nest in Florida, but many of them spend most of their lives in Florida waters. Marine debris can have a big impact on Florida's sea turtles, so make a difference by keeping our beaches clean.

Learn more about how to help conserve manatees and sea turtles at [www.myfwc.com/manatee](http://www.myfwc.com/manatee) and at [www.myfwc.com/seaturtle](http://www.myfwc.com/seaturtle), where you also can click on "Decals" to order new or past editions of decals. You can also support these species by purchasing a "Save the Manatee" or "Helping Sea Turtles Survive" license plate at your local Tax Collector's office. For additional information about how to get involved, you can also visit the Fish & Wildlife Foundation of Florida's website at [www.wildlifeoflouisiana.org](http://www.wildlifeoflouisiana.org).

## Boating And Alcohol: Recipe For Disaster

Many boaters are not aware of the very real, life threatening dangers associated with consuming alcohol while boating. Add

# CLASSIFIED

### COMMERCIAL RENTAL

**POPULAR RENTAL LOCATION ON SANIBEL**  
  
Call Judy at 239-851-4073.  
6/21 \* TFN

**COMMERCIAL UNIT FOR RENT**  
East End of Sanibel in Punta Ybel Plaza.  
Perfect for Office or Small Retail.  
Call Dee at 472-0121, leave a message.  
7/13 \* TFN

**PELICAN PLACE SHOPPING CENTER**  
Palm Ride Road on Sanibel  
3 units available or combined 2,400 sq. ft.  
(2 at 700 sq. ft., 1 at 1,000 sq. ft).  
Call 703-593-7024  
6/21 \* TFN

**ISLANDER CENTER**  
Retail and Executive Suites Available  
2407 Periwinkle Way  
239-461-0101  
7/12 \* 8/2

### VACATION RENTAL

  
**Cottages To Castles**  
Unique Vacation Rentals  
2427 Periwinkle Way  
Sanibel, FL 33957  
Local: (239) 472-6385  
Toll Free: (800) 472-5385  
Fax: (239) 472-5858  
[www.cottages-to-castles.com](http://www.cottages-to-castles.com)  
1/26 \* TFN

**Island Vacations**  
Of Sanibel & Captiva  
*Million \$ Views Await You!*  
• Cottages • Condos • Homes •  
Miles of Beaches & Bike Paths  
**239-472-7277**  
**1-888-451-7277**  
1/4 \* TFN

### ROOMMATE WANTED

**ROOMMATE WANTED**  
Roommate to share 2 BR, 2 full bath clean  
condo w/22 yo male & 2 cats. I work on  
Sanibel. \$650/mo + utils. QUIET complex 2  
mi. from causeway w/pool. 203-326-0210.  
7/12 \* 7/19

### ANNUAL RENTAL

**ANNUAL RENTAL**  
**SANIBEL**  
Waterfront - 3/2+ den, dock, Direct access.  
\$2,950/mo. Gorgeous, Custom home.  
**472-6747**  
 Serving The Islands Rental Needs Since 1975  
**Gulf Beach Properties, Inc.**  
6/28 \* TFN

**ANNUAL LEASE**  
Annual lease on Sanibel with 45' boat slip.  
A beautiful remodeled 3 bedroom, 2 bath  
home on a direct access canal. Private with  
water views. Room for a 45' boat and an  
additional boat lift. \$4,000 a month.  
Call 603-466-3080 for details.  
7/5 \* 7/12

**SUPER CLEAN ANNUAL RENTALS**  
2 bed - 1 bath,  
pets welcome,  
\$1,800/month.  
Discounted if you  
work on Sanibel.  
Call Joan today at  
646-942-1060.  
7/12 \* TFN

To advertise in  
*The River Weekly News*  
Call 395-1213

### SERVICES OFFERED

  
Complete Landscaping Services  
& Weekly Lawn Service  
New Client Special 10% OFF  
your Mulch Installation,  
Landscaping Project,  
or Tree Trimming Project.  
**239-896-6789**  
4/13 \* TFN

**SCARNATO LAWN SERVICE**  
Lawn Service, Shrubs and Tree Trimming  
Weeding, Installation of Plants, Trees and  
Mulch (one month free service available)  
Joe Scarnato (239) 849-6163  
[scarnatolawn@aol.com](mailto:scarnatolawn@aol.com)  
1/25 \* TFN

**ROGER NODRUFF ELECTRIC**  
Dock Lighting, affordable LED conversion.  
FPE panel replacement, Landscape  
Lighting. Generator Sizing, etc, etc, etc.  
Call or text Roger 239-707-7203  
State License #13002788  
4/20 \* TFN

### SCRAMBLERS

1. Grasp; 2. Utmost;  
3. Simper; 4. Chaste  
*Today's Word*  
**GREATEST**

### HELP WANTED

**JERRY'S FOODS SERVERS & BARISTAS**  
Part Time Evening And Weekend Front  
End Associates Needed. Looking for  
energetic, personable, and fun  
individuals, with open availability  
Monday through Sunday.  
If interested call and ask for  
John, Norm Sarah 472-9300.  
1700 Periwinkle Way  
5/6 \* TFN

### BOATS/CANOES/KAYAKS

**KAYAK FOR SALE**  
  
17' Ocean Kayak Sprinter. \$100.  
Good condition. No accessories.  
Call Bob at 265-0840.  
6/28 \* TFN

### LOST AND FOUND

**FOUND**  
A wrist exercise tracking device  
on the beach at West Gulf Dr.  
near beach access #1 on  
Sunday June 30. Call to identify and claim.  
412-491-5958  
7/12 \* 7/19



environmental stressors to those usual factors resulting from drinking alcohol, and a truly perilous condition is present.

Consuming any type of alcohol produces certain physiological responses that directly affect safety and well-being of the captain, passengers and other boaters. Judgment and skills deteriorate, impacting peripheral vision, balance and ability to process information. Physical performance and reaction time are reduced.

Alcohol reduces depth perception, night vision, focus and the ability to distinguish colors, especially red and green navigation lights. Alcohol consumption can result in inner ear disturbance, which can make it impossible for a person suddenly immersed in water to distinguish up from down. Life jackets are designed to move an unconscious victim face up, providing one is being worn in the first place.

One of the biggest challenges is that out-of-state boaters bring their own boating perspectives from back home and are unfamiliar with navigating the Florida waterways and fail to realize the physical impacts of the Florida heat, sun and wind.

The leading cause of fatalities in Florida are falls overboard with 81 percent not wearing a life jacket. All the local public safety experts encourage boaters to wear life jackets and save the drinking for the marina. According to U.S. Coast Guard Auxiliary Flotilla Commander Nick Kaveski, “The Coast Guard has a zero tolerance policy for boating while intoxicated. Always have a sober captain and save the party for the pier.”

The Florida Fish and Wildlife Commission, the lead agency in investigating boating accidents, reported that in 2017, 67 percent of people involved in boating accident fatalities did not take a boating safety class. Fort Myers area boaters can find the local classes online at [www.aux91fmb.org/safeboating](http://www.aux91fmb.org/safeboating) or by calling 690-6780, Option 1.

The US Coast Guard Auxiliary is the lead agency protecting America’s seaward frontier in recreational boating safety. For more information, visit [www.cgaux.org](http://www.cgaux.org).

# A Safe Generator Connection For Storm Season

Storm season is here. If you haven’t done so yet, it is time to start reviewing your family’s emergency plan and making preparations. If you plan on buying a generator, it is essential that all precautions are followed when setting up and using this device. If used improperly, generators can cause hazardous conditions for you, your loved ones and for electric crews working in the area.

GenerLink, offered by Lee County Electric Cooperative (LCEC), eliminates the use of extension cords and other hazardous connections by providing a safe connection from the electric meter

directly to the generator. It also detects when a generator is operating and automatically disconnects from the utility grid, eliminating dangerous backfeed.

Additional benefits of GenerLink include:

- Easiest and safest generator connection.

- Allows customers to run virtually any appliances up to the capacity of their generator.

- Easily installed behind the electric meter by a certified LCEC technician.

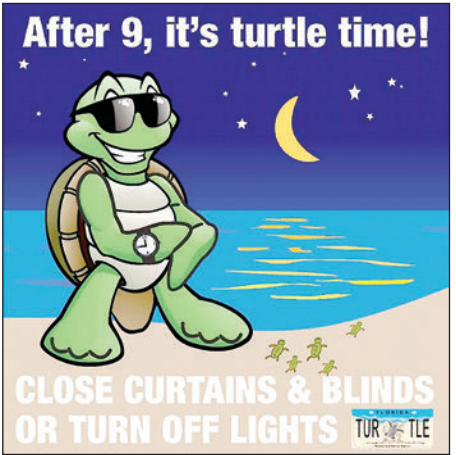
- Connection at the meter keeps your portable generator outside where it is safe.

- Seven-year manufacturer’s warranty.

Along with having a safe connection for your generator, it is vital to read and follow all safety instructions included with your generator. According to the Consumer Product Safety Commission,

there were 880 generator-related fatalities from 2005 through 2017.

Visit [www.lcec.net](http://www.lcec.net) for tips on generator safety and for more information on GenerLink.✱



## HORTOONS



## Top 10 Real Estate Sales

Subdivision	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
Barefoot Beach	Bonita Springs	2010	6,600	\$10,995,000	\$10,000,000	188
Carolands	Bonita Springs	2008	6,000	\$3,300,000	\$3,000,000	407
Cape Harbour	Cape Coral	2014	4,787	\$1,895,000	\$1,715,000	21
Harborage	Fort Myers	2019	3,594	\$1,535,000	\$1,465,000	12
Oak Knoll	Fort Myers	2018	2,742	\$1,440,000	\$1,276,000	133
Cape Harbour	Cape Coral	2001	3,362	\$1,399,000	\$1,350,000	127
Town And River	Fort Myers	2006	3,428	\$1,350,000	\$1,350,000	16
San Mateo	Fort Myers	1990	4,524	\$1,249,000	\$1,150,000	35
Sanctuary At Wulfert	Sanibel	1993	3,514	\$1,189,000	\$1,085,000	134
Wildewood	Fort Myers	2008	4,004	\$969,900	\$800,000	278





*Randy Wayne White ©*

**"FOR THE SUN-KISSED &  
SUN-DESIROUS ALIKE,  
A VACATION ON A PLATE."**

The New York Times  
Magazine



**FOLLOW US ON SOCIAL MEDIA! • [WWW.DOCFORDS.COM](http://WWW.DOCFORDS.COM)**

**Sanibel • Captiva • Ft. Myers Beach • Downtown St. Pete (Coming Soon)**

**THE ORIGINAL  
YUCATAN SHRIMP!**

**Visit Our Sister Locations on Ft. Myers Beach  
The Dixie Fish Co. & The Whale**

